Trauma Transformed: An Empowerment Response is the seventh book in the social work series Empowering the Powerless, published by Columbia University Press. Traumatic life events represent losses of the severest kind: the historical trauma of the Holocaust, slavery, and massacres of American Indians; the war trauma experienced by genocide survivors and veterans; the trauma of a natural disaster or of an unnatural disaster; the sexual trauma experienced by victims of rape, abuse, and incest; bullying, assault, or murder; and the trauma of losing one’s child. While these and other traumatic events are experienced as disastrous and overwhelming, they can also provide opportunities for transformation—for growth and mastery. In editing this collection, Marian Bussey and Judith Bula Wise invited seasoned practitioners and academics to share their experiences and expertise. Bussey and Wise augment the compelling chapters of their contributors with a masterful introduction and conclusion. They have created an exceptional book about trauma, about the processes of transformation from victim to survivor, and about hope, courage, resilience, and finding meaning in the suffering.

I present the series’ seventh book, Trauma Transformed: An Empowerment Response, with special appreciation and respect for the editors’
accomplishments. Having read several drafts of the manuscript, I know firsthand how much time and energy they devoted to this project. I thank Professors Bussey and Wise for their gift to the empowerment series and to the profession’s literature. I invite the readers to marvel at that gift.

Alex Gitterman