Contents

Preface xi

Acknowledgments xv

1. Dreaming Justice and the Beloved Community in the Twenty-First Century 1

2. The Empowerment Approach: A Conceptual Framework 30

3. Empowerment Method: The How-To 56


5. Establishing Multifocal Vision: The Ecological Perspective and Coping 139


7. Making Beginnings in Individual and Family Empowerment: Processes and Practice Skills 186

8. Assessment for Empowerment: Content and Process 206
9. Working on Problems Together: The Empowerment of Individuals and Families 229
10. Empowering Special Populations 259
11. The Empowerment Group Approach 290
13. Community and Political Empowerment Practice 351
14. Empowerment in Global Perspective: Social and Economic Justice for All 396

References 433

Some Suggested Web Resources 471

Name Index 473

Subject Index 485