

# Notes

## 1. In the Beginning . . .

---

1. Bracha, "Freeze, Flight, Fight, Fright, Faint."
2. Ratner, "Comparative Aspects of Hypnosis"; Knudsen, "Dying Animal."
3. Knudsen, "Dying Animal," 40.
4. Kellehear, "A Social History of Dying"; Porges, "Orienting in a Defensive World"; P. A. Levine, *In an Unspoken Voice*.
5. Lingle and Pellis, "Fight or Flight?"; Ford and Reeves, "Fight or Flight"; Eilam, "Die Hard."
6. Ford and Reeves, "Fight or Flight."
7. Dhabhar, "A Hassle a Day."
8. Edinger and Thompson, "Death by Design."
9. Greenberg, "Programmed Cell Death"; Jacobson, Weil, and Raff, "Programmed Cell Death in Animal Development."
10. Baehrecke, "How Death Shapes Life."
11. Nuland, *How We Die*, 134.
12. Moody, *Life After Life*, 28–29.
13. Most of the human record of these experiences comes from the field of near-death studies, in other words, from investigations of survivor testimony from motor vehicle and industrial accidents, war injuries, near-fatal drownings, mountaineering falls, and other sudden trauma events/experiences.
14. Bauby, *Diving Bell and the Butterfly*, 138.
15. MacDonald and Rich, *Look Me in the Eye*, 108–109.
16. The distinctions between *imminent* and *immanent* come from the critic and literary theorist Frank Kermode, who discusses their role in fiction in his aptly titled book, *The Sense of an Ending*.
17. This is often why sudden death is so difficult to understand and why most onlookers and loved ones have major difficulties in discerning a meaning, and also why even those who have survived such sudden attacks or accidents commonly report disorientation and shock. In these cases, no one has time to discern meaning or

purpose. Dying in these cases is more a case of suddenly becoming dead rather than a gradual process of leaving life, as we commonly define *dying*.

18. I am not trying to replace Kübler-Ross's five stages in *On Death and Dying* with twice that number of my own. Instead, I am attempting here to outline what I consider to be the core elements of the inner life of dying. Most important, the ones I have chosen to outline are the ones that seem to repeatedly occur and to dominate a wide diversity of autobiographical writing and other self-reports about the experience of dying. These personal elements of experience and response have no necessary or natural sequential value for humans, although it must be said that in animal studies the elements of fear, courage, resistance, and transformative experience, for example, tend to occur to the dying animal in this basic sequence, depending on how quickly a deadly attack takes place. I have used that broad biological template of ordering as both a token acknowledgment of the origins of these experiences and responses and as a convenient basis for organizing the book as a whole. Notwithstanding this liberty of style, it is crucial to note that the elements themselves—and not their sequence—dominate accounts of dying as reported by dying people. Many of the different elements often occur together, simultaneously. When these elements occur separately, they may be experienced cyclically and in highly diverse configuration, driven as they always are by the individual personality and the innumerable cultural influences that petition and shape it. This is the way it is for all our living, and so this is the way it is for the last part of that living—our living while dying.

## 2. Suffering—Enduring the New Reality

---

1. Amato, "Politics of Suffering"; Bowker, *Problems of Suffering*.
2. Bowker, *Problems of Suffering*, 2.
3. Levertov, "Age of Terror," 201.
4. Wilkinson, *Suffering*; Kellehear, "On Dying and Human Suffering."
5. Bourdieu, *Weight of the World*.
6. Saunders, "Philosophy of Terminal Care." See also Saunders, *Hospice and Palliative Care*.
7. Cassell, *Nature of Suffering*. See also Kleinman, *Illness Narratives*.
8. Geertz, *Interpretation of Culture*.
9. See Frank, "Can We Research Suffering?"; Kleinman and Kleinman, "Suffering and Its Professional Transformation"; Kleinman, "Pitch, Picture, Power"; Das, "Suffering, Theocidies."
10. Kleinman, "Pitch, Picture, Power."
11. Schwarcz, "Pane of Sorrow."
12. Lubbock, "Tom Lubbock: A Memoir."

13. Rich, *Red Devil*, 67.
14. Gregory and Russell, *Cancer Stories*, 90.
15. Bassett, "Facing Mortality," 225.
16. Rossi, *Waiting to Die*, 33.
17. M. Miller, "You Just Shed Life," 27–28.
18. Lawton, "Dying Process," 89.
19. Perera, "Faith Keeps Me Going," 86.
20. Arriens, *Welcome to Hell*, 252.
21. DeBaggio, *Losing My Mind*, 87.
22. Brodkey, *This Wild Darkness*, 159.
23. Lymphopo, "The Missing Weeks, Part 2," *As the Tumor Turns* (blog), November 7, 2006, [http://spinningtumor.blogspot.com/2007-05-01\\_archive.html](http://spinningtumor.blogspot.com/2007-05-01_archive.html), accessed June 15, 2011.
24. J. Diamond, C: *Because Cowards Get Cancer Too*, 171.
25. Rich, *Red Devil*, 81.
26. Arriens, *Welcome to Hell*, 239.
27. Lymphopo, "Little Miss Meltdown," April 30, 2007.
28. Bassett, "Facing Mortality," 226.
29. J. Diamond, C: *Because Cowards Get Cancer Too*, 171.
30. Saba, "Trying to Be Normal," 12.
31. Casson, *Dying*, 23–24.
32. Arriens, *Welcome to Hell*, 177–78.
33. DeBaggio, *Losing My Mind*, 193.
34. Gregory and Russell, *Cancer Stories*, 40.
35. *Ibid.*, 68.
36. For a recent public overview of the social research into this problem, see PBS's coverage (T. Miller, "In Many Countries").
37. Jarman, *Smiling in Slow Motion*, 110–11.
38. Rich, *Red Devil*, 103.
39. *Ibid.*, 57.
40. *Ibid.*, 22–23.
41. Frankl, *Man's Search for Meaning*; see also Frankl, *Doctor and the Soul*.
42. Frankl, *Doctor and the Soul*, 109, 114.
43. *Ibid.*, 116.
44. *Ibid.*, 67.

### 3. Fear—A Threat Observed

---

1. Krishnamurti, *On Fear*, 92.
2. Penson et al., "Update: Fear of Death," 162.

3. Craib, "Fear, Death and Sociology," 286.
4. Kierkegaard, *Fear and Trembling*, 151.
5. Boston, "Klara Bergman: Burdens from the Past," in Barnard et al., *Crossing Over*, 77.
6. DeBaggio, *Losing My Mind*, 80.
7. Roth and Massie, "Anxiety and Its Management."
8. Plath, "Elm," 26.
9. Eliot, *Waste Land*, 28.
10. Darwish, *In the Presence of Absence*, 41.
11. Eliot, *Waste Land*, 41.
12. Langner, preface to *Choices for Living*, v.
13. Feifel, Freilich, and Hermann, "Death Fear in Dying Heart and Cancer Patients," 161–66.
14. See Cassidy, "Emotional Distress in Terminal Cancer"; Parkes, "Dying Patient"; and Penson et al., "Update: Fear of Death."
15. Rachman, *Meanings of Fear*, 58–59. See also Thomson, "Concept of Fear," 22.
16. Lubbock, "Tom Lubbock: A Memoir."
17. Lloyd-Williams et al., "End of Life," 62.
18. M. Miller, "You Just Shed Life," 32.
19. Ritchie, "Listening and Understanding," 122.
20. Savary et al., *Listen to Love*, 41.
21. Bourke, *Fear: A Cultural History*.
22. Gill, Hadaway, and Marler, "Is Religious Belief Declining in Britain?"; Bruce, *God Is Dead*.
23. Wink and Scott, "Does Religiousness Buffer."
24. Trillin, "Of Dragons and Garden Peas," 699.
25. Entwistle, *The Child's Livingstone* (London, 1913), 10–11; Bourke, *Fear: A Cultural History*, 384.
26. Kaufman, *And a Time to Die*.
27. Craib, "Fear, Death and Sociology," 291.
28. *Ibid.*, 292.
29. Henderson and Oakes, *Wisdom of the Serpent*. See also Kellehear, *Eternity and Me*, 51–54.
30. Warner, *Monsters of Our Own Making*.
31. Lymphopo, "Life Beneath the Superdome," *As the Tumor Turns* (blog), November 12, 2006, [http://spinningtumor.blogspot.com/2006\\_11\\_01\\_archive.html](http://spinningtumor.blogspot.com/2006_11_01_archive.html), accessed June 15, 2011.

#### 4. Courage—Facing the Overwhelming

---

1. See Putman, "Philosophical Roots of the Concept of Courage."
2. Lopez et al., "Folk Conceptualizations of Courage."

3. Tillich, *Courage to Be*.
4. Walton, *Courage: A Philosophical Investigation*; Scarre, *On Courage*.
5. Scarre, *On Courage*, 32–34.
6. Walton, *Courage: A Philosophical Investigation*, 76–96.
7. Scarre, *On Courage*, 112–24.
8. Walton, *Courage: A Philosophical Investigation*, 91.
9. Leslie, *Desperate Journeys, Abandoned Souls*, 161.
10. *Ibid.*, 91.
11. Faust, *This Republic of Suffering*, 19.
12. *Ibid.*, 16–17.
13. Moran, *Anatomy of Courage*.
14. Remarks by the President George W. Bush at Presentation of Medal of Honor, April 9, 2008, in Rate, “Defining the Features of Courage,” 50–51.
15. See Nagatsuka, *I Was a Kamikaze*; Ohnuki-Tierney, *Kamikaze, Cherry Blossoms, and Nationalisms*; Cook and Cook, *Japan at War*, 305–26.
16. Nagatsuka, *I Was a Kamikaze*, 189–90.
17. Reuter, *My Life Is a Weapon*.
18. *Ibid.*, 1.
19. Atkins, 9/11 *Encyclopedia*, 1:285.
20. Noonan, “Sounds That Still Echo from 9/11.”
21. H. Jackson, “524 Killed in Worst Single Aircraft Disaster,” *Guardian*, August 13, 1985, <http://www.guardian.co.uk/fromthearchive/story/0,,1017027,00.html>, accessed July 12, 2013.
22. Noonan, “Sounds That Still Echo from 9/11.”
23. J. Diamond, C: *Because Cowards Get Cancer Too*, 72–73, and 76.
24. Rich, *Red Devil*, 122.
25. Rawnsley, “Recurrence of Cancer,” 166.
26. *Ibid.*, 166.
27. Hinton, *Dying*, 92.
28. See Frankl, *Man’s Search for Meaning*.
29. Herbert, “Constancie,” in Scarre, *On Courage*, 158.
30. Van Dyke, *Friendly Year*, 154.
31. Scarre, *On Courage*, 30.

## 5. Resistance — Facing the Choices

---

1. Plath, “Lady Lazareth,” 17.
2. Alvarez, *Savage God*, 18.
3. I discuss this in my review of Alvarez’s work—see Kellehear, “Classics Revisited.”
4. Goodall, “Personal View.”
5. McPherson, Wilson, and Murray, “Feeling Like a Burden to Others.”

6. Lederer, "Dark Victory." See also Patterson, *Dread Disease*.
7. Also Seale, "Sporting Cancer," and "Cancer Heroics." The work of Juanne Clarke is also instructive and typical of this genre, for example, Clarke, "Cancer Meanings in the Media." In the clinical literature see Byrne et al., "Patients' Experience of Cancer"; Skott, "Expressive Metaphors in Cancer Narratives."
8. Nuland, *How We Die*, 265.
9. See the early work of I. Illich, *Limits to Medicine*, 179–211, and also more recently Sherwin Nuland, *How We Die*, for a wonderfully reflective series of essays about the overzealous culture of medical rescue in the United States. For an anthropological account, see Kaufman, *And a Time to Die*.
10. Hu, "Fighting for a Peaceful Death," 213.
11. Marcus, "Loneliness of Fighting a Rare Cancer."
12. Skott, "Expressive Metaphors in Cancer Narratives."
13. Helm, "Fighting Demons, Fighting Cancer."
14. Bytheway, *Unmasking Age*, 94.
15. Conway and Hockey, "Resisting the 'Mask' of Old Age?" 481.
16. Thomas, "Do Not Go Gentle into That Good Night," in H. Gardner, *New Oxford Book of Verse*, 942.
17. Kellehear, *A Social History of Dying*, 228.
18. Tennyson, "Ulysses."
19. Smith, *Passive Fear*.
20. Carson and Fiester, letter to the editor.
21. Byrne et al., "Patients' Experience of Cancer."
22. McPherson, Wilson, and Murray, "Feeling Like a Burden"; Taylor et al., "Biobehavioral Responses to Stress in Females."
23. See "'Fighting Spirit' After Cancer Diagnosis"; Petticrew, Bell, and Hunter, "Influence of Psychological Coping"; Boer et al., "Psychosocial Correlates of Cancer Relapse."
24. Santayana, "A Silent Hope," in Savary et al., *Listen to Love*, 303.
25. Gilbert and Gilbert, "Entrapment and Arrested Fight and Flight."
26. Seligman, "Learned Helplessness."
27. Kübler-Ross, *On Death and Dying*, 100.
28. Ibid.
29. Cowan and McQuellon, "Turning Toward Death Together," 395.
30. I. R. Gardner, "Not Dying a Victim," 53.
31. Rose, *Love's Work*, 102.
32. Howse, *Deaths of People Alone*, 22. See also Richards, "Fight-to-Die."
33. Kellehear et al., *Care of the Dying*.
34. Kellehear et al., *Deathbed Visions*, 2011–12.
35. Darwish, *In the Presence of Absence*, 67.
36. Brontë, "Spellbound," in H. Gardner, *New Oxford Book of Verse*, 676.

## 6. Sadness and Anger—Facing Loss

1. Bassett, "Facing Mortality," 227.
2. Averill and Nunley, "Grief as an Emotion."
3. Ibid., 84. See also Horwitz and Wakefield, *Loss of Sadness*.
4. See Chochinov, "Depression in Cancer Patients," and "Dying, Dignity, and New Horizons."
5. Blazer, "Depression in Late Life."
6. Bowlby, *Loss: Sadness and Depression*, 245.
7. Barnhart, *Chambers Dictionary of Etymology*, 950 and 1036; *Oxford Illustrated Dictionary*; *Roget's Thesaurus*.
8. Worden, *Grief Counseling and Grief Therapy*, 18, 96–97.
9. Pastan, *Five Stages of Grief*, 48.
10. Lindquist, *Rowing Without Oars*, 182.
11. Robins, *Living in the Lightning*, 33, 82.
12. Saba, "Trying to Be Normal," 23.
13. Kübler-Ross, *On Death and Dying*, 77–78. Emphasis added.
14. Pastan, *Five Stages of Grief*, 52.
15. Ibid., 14.
16. Ibid., 313–17.
17. See Houston, "Angry Dying Patient"; Philip et al., "Anger in Palliative Care."
18. Barbato, *Caring for the Dying*, 203.
19. Tavis, *Anger: The Misunderstood Emotion*, 46–47.
20. Gilbert and Gilbert, "Entrapment and Arrested Fight and Flight."
21. Greenwood et al., "Anger and Persistent Pain."
22. DeBaggio, *Losing My Mind*, 170.
23. Frankl, *Man's Search for Meaning*, 24.
24. Donaldson and Donaldson, *How Did They Die?* 384.
25. Barnard et al., *Crossing Over*, 145.
26. Jaffe and Jaffe, "Terminal Candor and the Coda Syndrome," 201.
27. Killick and Cordonnier, *Openings*, n.p.
28. Lindquist, *Rowing Without Oars*, 183–84.
29. Robins, *Living in the Lightning*, 16.
30. Trillin, "Of Dragons and Garden Peas," 700.
31. For a review of the relative importance of all these factors and influences, see Berkowitz and Harmon-Jones, "Toward an Understanding." For guilt, anger, and pain see the early works of Engel, especially "Psychogenic Pain," and Pilowsky and Spence, "Pain, Anger and Illness Behavior."
32. Eliot, *Silas Marner*, in Hackett, *My Commonplace Book*, 159.
33. Barbato, *Caring for the Dying*, 193–94.
34. Tavis, *Anger: The Misunderstood Emotion*, 318–19; emphasis in original.

35. Masson and McCarthy, *When Elephants Weep*, xiii.
36. *Ibid.*, xxi.
37. Sullivan, “Hope and Hopelessness,” 393.
38. Lindquist, *Rowing Without Oars*, 1.

## 7. Hope and Love—Connection

---

1. Rose, *Love's Work*, 79.
2. Van Dyke, *Friendly Year*, 14.
3. Some of these thoughts have been drawn from Kellehear, “World of Hope,” in *Book of Gentle Wisdom*, 4.
4. James, *Will to Believe*, 62.
5. See Kellehear, introduction to Kübler-Ross, *On Death and Dying*; Gum and Snyder, “Coping with Terminal Illness”; Felder, “Hoping and Coping.”
6. Kylma et al., “Hope in Palliative Care.”
7. Diane Lee DeTar, “A Survivor's Gift,” *Diane's Story of Living Life with Breast Cancer and Dying with Dignity* (blog), n.d., [http://diane.ponpines.com/dianes\\_last\\_thoughts\\_gift.html](http://diane.ponpines.com/dianes_last_thoughts_gift.html), accessed June 15, 2011.
8. Sullivan, “Hope and Hopelessness.”
9. Elliott and Olver, “Hope and Hoping.”
10. Frankl, *Man's Search for Meaning*, 80.
11. Rose, *Love's Work*, 105.
12. *Ibid.*, 106.
13. Kellehear, *Dying of Cancer*.
14. Doyle, *Caring for a Dying Relative*, 4.
15. Fromm, *Art of Loving*, 15.
16. 1 Cor. 13:4–8.
17. J. Diamond, C: *Because Cowards Get Cancer Too*, 240.
18. Swensen and Fuller, “Expressions of Love.”
19. Georgers et al., “Symptoms, Treatment and ‘Dying Peacefully.’”
20. Keeley, “Final Conversations,” 52.
21. Ellis, *Final Negotiations*, 53, 161, 117.
22. Michelle Lynn Mayer, “Michelle Discusses Her Illness,” *Diary of a Dying Mom* (blog), June 2008, <http://diaryofadyingmom.blogspot.com/>, accessed March 28, 2012.
23. Robins, *Living in the Lightning*, 46–47.
24. Block, “Psychological Considerations,” 2902.
25. *Ibid.*
26. Seravalli, “Dying Patient,” 1729.
27. Kellehear, “Social Inequality of Dying.”



28. Doyle, *Caring for a Dying Relative*, 61–62.
29. Rose, *Love's Work*, 105.
30. Robins, *Living in the Lightning*, 98.
31. Lewis, *Surprised by Joy*, 20.

## 8. Waiting—In-between-ness

---

1. See Donnelly, "Traditions Associated with Dying"; Donnelly, Michael, and Donnelly, "Experience of the Moment of Death at Home"; Donnelly and Donnelly, "Experience of the Moment of Death in a Specialist Palliative Care Unit."
2. See Van Gennep, *Rites of Passage*; Gibson, *Wake Rites*.
3. For U.S. examples see Carr and Fogarty, "Families at the Bedside"; Kaufman, *And a Time to Die*, esp. 145–202. For European examples see Fridh, Forsberg, and Bergbom, "Close Relatives' Experiences"; Woodhouse, "A Personal Reflection"; Abrahams, "Storytelling Events."
4. Brodkey, *This Wild Darkness*, 111.
5. DeBaggio, *Losing My Mind*, 207.
6. See Van Gennep, *Rites of Passage*, and Glaser and Strauss, *Status Passage*.
7. Kellehear, *A Social History of Dying*.
8. Simmons, *Role of the Aged in Primitive Society*.
9. *Ibid.*, 226.
10. Wright, "Relationships with Death."
11. Brown et al., "Waiting for a Liver Transplant," 132.
12. Locsin et al., "Ugandan Nurses' Experience."
13. Mitchell et al., "Exploring the Lived Experience of Waiting."
14. Kaufman, *And a Time to Die*, 148.
15. Jaffe and Jaffe, "Terminal Candor and the Coda Syndrome," 197.
16. Irvin, "Waiting: Concept Analysis."
17. Barak et al., "Stress Associated with Asbestosis."
18. Jacques and Hasselkus, "Nature of Occupation Surrounding Dying," 49.
19. Lawton, "Dying Process," 171.
20. Crandall and Crandall, *Borders of Time*, 99.
21. Bradford, "Waiting to Die, Dying to Live," 77.
22. *Ibid.*, 86.
23. Altman, "Waiting Syndrome."
24. Berman, "Todeserwartung Syndrome," 192.
25. Coontz, "Women Under Sentence of Death," 90.
26. Johnson, "Under Sentence of Death," 185–86.
27. R. Levine, "Waiting Is a Power Game."
28. Wright, "Relationships with Death," 450–51.

29. Noyes, "Journey into Alzheimer's," 96.
30. Brodkey, *This Wild Darkness*, 26.
31. *Ibid.*, 99.
32. *Ibid.*, 152.
33. *Ibid.*, 176.
34. *Ibid.*, 69.
35. *Ibid.*, 163.

### 9. Review and Reminiscence—Remembering

---

1. Coleman, "Creating a Life Story."
2. Barnhart, *Chambers Dictionary of Etymology*, 1072.
3. Barnard et al., *Crossing Over*.
4. Butler, "Life Review."
5. *Ibid.*, 2:364.
6. *Ibid.*, 2:354.
7. Freeman, *Hindsight*.
8. D. K. Miller, "The Last Post," *Penmachine.com* (blog), May 4, 2011, <http://www.penmachine.com/2011/05/the-last-post>, accessed June 28, 2013
9. *Ibid.*
10. DeBaggio, *Losing My Mind*, 113.
11. *Ibid.*
12. Zaleski, *Otherworld Journeys*.
13. *Ibid.*, 69–74, 128–31.
14. Lorimer, *Whole in One*.
15. Sabom, *Recollections of Death*, 50.
16. Zaleski, *Otherworld Journeys*, 131.
17. Frankl, *Man's Search for Meaning*, 38.
18. Jung, *Undiscovered Self*, 43–44.
19. Coleman, "Creating a Life Story," 138.
20. Lindemann, "Symptomatology and Management of Acute Grief. See also Aldrich, "Dying Patient's Grief."
21. Kellehear and Lewin, "Farewells by the Dying."
22. Worden, *Grief Counseling and Grief Therapy*, 201–206.
23. Webster and Haight, "Memory Lane Milestones"; Cappeliez and O'Rourke, "Profiles of Reminiscence Among Older Adults." See also Molinari and Reichlin, "Life Review Reminiscence in the Elderly."
24. Webster and Haight, "Memory Lane Milestones."
25. Frankl, *Man's Search for Meaning*, 71–72.
26. Darwish, *In the Presence of Absence*, 46–47.

27. Wallace, "Reconsidering the Life Review." See also Merriam, "Butler's Life Review."
28. Coleman, *Creating a Life Story*."
29. McLuhan and Fiore, *Medium Is the Massage*.
30. Lawton, *Dying Process*, 100.
31. *Ibid.*, 68–69, 99–100.
32. E. F. Diamond, "Brain-based Determination of Death Revisited."
33. Rose, *Love's Work*, 120.
34. *Ibid.*
35. From H. R. Moody, "Reminiscence and the Recovery of the Public World," quoted in Coleman, "Creating a Life Story," 138.

### 10. Aloneness—Disconnection

---

1. McGraw, "Loneliness, Its Nature and Forms." See also Tillich, "Loneliness and Solitude."
2. Ettema, Derksen, and van Leeuwen, "Existential Loneliness and End of Life Care," 156.
3. *Ibid.*
4. Butler, "Life Review," 353.
5. United Kingdom, Department of Health, *End of Life Care Strategy*.
6. Elias, *Loneliness of Dying*, 85. Note that Elias is using *solitude* here in the negative sense of loneliness.
7. *Ibid.*, 59.
8. *Ibid.*, 70–71.
9. Trillin, "Of Dragons and Garden Peas," 699.
10. G. Chow, "Dying, Day 3," *Dying Is . . .* (blog), November 24, 2004, <http://dyingis.blogspot.com>, accessed July 10, 2012.
11. Elias, *Loneliness of Dying*, 89.
12. *Ibid.*, 65.
13. Sand and Strang, "Existential Loneliness."
14. *Ibid.*, 1381.
15. *Ibid.*, 1382.
16. Chow, "Dying, Day 3."
17. Fromm-Reichmann, "On Loneliness."
18. Leslie, *Desperate Journeys, Abandoned Souls*, 115–18.
19. *Ibid.*, 121.
20. *Ibid.*, 354.
21. Licence, *Hermits and Recluses in English Society*, 11.
22. *Ibid.*, 139.

23. Zaleski, *Otherworld Journeys*.
24. Kellehear, "Near-Death Experience as Status Passage."
25. Suedfeld, "Aloneness as a Healing Experience," 59–60.
26. Klein, "On the Sense of Loneliness," 549.
27. Merton, *Silent Life*, 38.
28. Tillich, "Loneliness and Solitude," 553.
29. Suedfeld, "Aloneness as a Healing Experience," 64.
30. See Kübler-Ross, *On Death and Dying*.
31. B. Howdle, "Dying Is Lonely," *Dying Man's Daily Journal* (blog), November 24, 2011, <http://hudds53.wordpress.com/2011/11/24/dying-mans-daily-journal-dying-is-lonely>, accessed July 10, 2012.
32. Kellehear, "Dying Old and *Preferably Alone*?"
33. Howse, *Deaths of People Alone*, 22.
34. Kellehear, "Dying Old and *Preferably Alone*?"
35. Richards, "Fight-to-Die."
36. Huxley, *Doors of Perception*.
37. Muthumana et al., "Deathbed Visions from India"; Kellehear et al., "Family Care of the Dying." For a discussion of why these prevalence rates are much lower in Western industrialized societies such as the United Kingdom or United States, see also Fountain and Kellehear, "On Prevalence Disparities."
38. Cruz, "ALONE/December/Night," 247–48.

## 11. Transformation—Change, Change, Change

---

1. Barnard et al., *Crossing Over*, 33.
2. *Ibid.*, 116.
3. Johnson, "Under Sentence of Death," 173.
4. Aminoff and Adunsky, "Dying Dementia Patients."
5. See Muthumana et al., "Deathbed Visions from India"; Kellehear et al., "Family Care of the Dying." On rates in Western industrialized societies see Fountain and Kellehear, "On Prevalence Disparities."
6. *Oxford Illustrated Dictionary*, 902.
7. "Startling Reality of Things," 147.
8. Wright, "Relationships with Death," 443.
9. Small, Froggatt, and Downs, "Living and Dying with Dementia," 201.
10. Yedidia and McGregor, "Confronting the Prospect of Dying," 815.
11. Crane, "I Saw a Man."
12. Toynbee, *End of a Journey*, 345.
13. Hinton, *Dying*, 77.
14. Kellehear et al., *Care of the Dying*.

15. For a review of the hazards of diagnosis and misdiagnosis of persistent vegetative states, brain death, and other forms of coma, see Kellehear, "Dying as a Social Relationship." For a discussion of intriguing cases of persistent consciousness in clinical circumstances where this should not be the case, see Kelly, Greyson, and Kelly, "Unusual Experiences Near Death."
16. See the dozens of medical and psychological studies of near-death experiences conducted since the 1970s. For a good review of the key work in this field see Holden, Greyson, and James, *Handbook of Near-Death Experiences*.
17. See note 5.
18. Fountain and Kellehear, "On Prevalence Disparities."
19. Kellehear et al., "Deathbed Visions from the Republic of Moldova," 311.
20. Muthumana et al., "Deathbed Visions from India," 105
21. Barrett, *Death-bed Visions*, 68–69.
22. Thomas, "Dying as Failure," 3.
23. See note 16.
24. Brown et al., "Waiting for a Liver Transplant," 126.
25. Moody, *Reflections on Life After Life*, 15–16.
26. Elder, *And When I Die*, 36–39.
27. Kellehear, *Experiences near Death*.
28. Saint-Exupéry, *Little Prince*, 99.
29. Quoted in Leslie, *Desperate Journeys, Abandoned Souls*, 366. Emphasis added.
30. Brodkey, *This Wild Darkness*, 177.
31. Noyes, "Journey into Alzheimer's," 96.
32. Darwish, *In the Presence of Absence*, 96.

## 12. Some Final Reflections

---

1. Lindquist, *Rowing Without Oars*, 87.
2. Chomin, "One Year and a Half," 78.



## Bibliography

- Abrahams, R. D. "Storytelling Events: Wake Amusements and the Structure of Nonsense on St. Vincent." *Journal of American Folklore* 95, no. 378 (1982): 389–414.
- Aldrich, C. K. "The Dying Patient's Grief." *Journal of the American Medical Association* 184 (1963): 329–31.
- Altman, L. L. "The Waiting Syndrome." *Psychoanalytic Quarterly* 26 (1957): 508–18.
- Alvarez, A. *The Savage God: A Study of Suicide*. New York: Bantam, 1971.
- Amato, J. "Politics of Suffering." *International Social Sciences Review* 69 (1994): 23–30.
- Aminoff, B. Z., and A. Adunsky. "Dying Dementia Patients: Too Much Suffering, Too Little Palliation." *American Journal of Alzheimer's Disease and Other Dementias* 19, no. 4 (2004): 243–47.
- Arriens, J., ed. *Welcome to Hell: Letters and Writings from Death Row*. Boston: Northeastern University Press, 2005.
- Atkins, S. E., ed. *The 9/11 Encyclopedia*. Vol. 1. Westport, Conn.: Praeger Security International, 2008.
- Averill, J. R., and E. P. Nunley, "Grief as an Emotion and as a Disease: A Social Constructionist Perspective." *Journal of Social Issues* 44, no. 3 (1988): 79–95.
- Baehrecke, E. H. "How Death Shapes Life During Development." *Nature Reviews Molecular Cell Biology* 3 (2002): 779–87.
- Barak, Y., A. Achiron, Z. Rotstein, A. Elizur, and S. Noy. "Stress Associated with Asbestosis: The Trauma of Waiting for Death." *Psycho-oncology* 7 (1998): 126–28.
- Barbato, M. *Caring for the Dying*. Sydney: McGraw-Hill Australia, 2002.
- Barnard, D., A. Towers, P. Boston, and Y. Lambrinidou. *Crossing Over: Narratives of Palliative Care*. New York: Oxford University Press, 2000.
- Barnhart, R. K., ed. *Chambers Dictionary of Etymology*. New York: Chambers Harrap, 1988.
- Barrett, W. *Death-bed Visions*. 1926. Wellingborough, UK: Aquarian Press, 1986.
- Bassett, J. "Facing Mortality: A First-Person Account." In A. Kellehear, ed., *Death and Dying in Australia*, 223–39. Melbourne: Oxford University Press, 2000.
- Bauby, J. D. *The Diving Bell and the Butterfly*. London: Fourth Estate, 1997.
- Berkowitz, L., and E. Harmon-Jones. "Toward an Understanding of the Determinants of Anger." *Emotion* 4, no. 2 (2004): 107–30.