INDEX

Accord Alliance, 122 acne, 51 Adam's apple surgery, 54 affirmed (as term), 5 Africa, 73 age, 56 All the Kings Men, 125 ambiguous genitalia. See disorders of sex development American Medical Association, 93 American Psychiatric Association, 83-84,96 American Psychological Association, 93-94 Americans with Disabilities Act, 101 American Veterans for Equal Rights, 112 androgen suppressants, 48-49 androgyny, 11

Anglican Church, 107–8 antidiscrimination laws, xviii, 99–103 appearance, 47–48 aranu'tiq, 73 Araujo, Gwen, 69 asexuality, 15 *As Nature Made Him* (Colapinto), 65 assigned gender, 84 asylum, 110–11 athletes, 69 autogynephilia, 119

baldness, 49, 51 barriers. *See* discrimination bathrooms, xviii, 39, 98, 101–3 Beatie, Thomas, 69 Benjamin, Harry, 62–63, 64, 67, 68 berdache, 73–74 betrayal, 35 binary constructions of gender, 5-6, 84, 98-99, 114 binding of breasts, 51 Birdcage, The, 22 bisexuality, xvii, 15 body hair, 49, 51 Bono, Chaz, 69 bottom surgery, 54-55 Boyd, Helen, 119 Boylan, Jennifer Finney, 36-37 Boys Don't Cry, 68, 100 Bradley, LeAnna, 112 breast tissue: augmentation surgery for, 53, 56, 57; binding of, 51; estrogen therapy and, 49; in FTM transition, 51, 54; with testosterone therapy, 51 British Isles, 73 bullying, xviii, 104-5 butch lesbians, 20-21, 24-25 Byrd, James, Jr., 100

Camp Aranu'tiq, xiv-xv Cashier, Albert D. J., 76-77 causes of transgenderism, 101 census categories, 108-10 cheek implants, 53 chest surgery, 51, 54, 56, 57 children of transpeople: coming out to, 37-38, 98; custody decisions on, xviii, 103-4 children who may be transgender, 39-44; behavioral signs of, 40-41; bullying of, xviii, 104-5; coming out of, xvii, 39-44; diagnostic criteria for, 81-82, 84; gender identity of, 41; gender variant stage of, 42-43, 117; mental health support for, 43; pubertyinhibiting medication for, 60-61;

reparative therapy for, 90-91, 95; standards of care for, 56; suicide among, 126-27. See also disorders of sex development chondrolaryngoplasty, 54 Christian churches, 105-8 Chugach Eskimo, 73 cisgender, 15, 19 civil rights. See discrimination Civil War soldiers, 76-77 Cleveland, Grover, 68 clitoris: enlargement from testosterone of, 51; metoidioplasty of, 51-52; in MTF transition surgery, 53 clownfish, 71 Colapinto, John, 65 colonial U.S., 75-76 coming out, xv-xvi, xvii, 29-44; by children, 39-44; to children, 37-38, 98; to friends, 34-35; to parents, 31-33; reasons for, 29-30; self-realization in, 30-31; to siblings, 34; to spouses, 35-37; at work, 38-39 cross-dressing, xviii, 13, 118-21 custody, xviii, 103-4

definitions, xvi–xvii; of gender, 4–5; of gender expression, 6–10; of gender identity, 6–10; of sex, 4–5; of sexual orientation, 14–16; of transgender, 2–3; of transsexual, 1–2

demography of transgender, 13 Diagnostic and Statistical Manual of Mental Disorders, 79–85, 91–94;

on cross-dressing, 119; diagnostic criteria in, 80–85; mental illness implications of, 86–89; on sexual orientation, 96. *See also* gender identity disorder Diamond, Milton, 66, 72 Diary of a Drag Queen (Harris), 125 disability discussions, 101 discrimination, xviii, 97-113; in bathroom use, 101-3; in census categories, 108-10; in child custody decisions, 103-4; in employment, 100–101, 108; in immigration, 110–11; legal protections against, 99-103; in military service, 111-12; in passing situations, 112-13; in racial contexts, 110; in religion, 105-8; towards children who may be transgender, 104-5 disorders of sex development (DSD), xviii, 83, 84-85, 121-24 Domingo, Micah, 116 "Don't Ask, Don't Tell" policies, TT2 double-incision mastectomy, 54 drag queens/kings, xviii, 118, 125-26

education in transgender, xiii-xiv ejaculate, 49 electrolysis, 49 emergence. See coming out employment. See workplace Employment Nondiscrimination Act (ENDA), 100-101, 108 Endocrine Society, 87 endocrinology, 87-88 Episcopal Church, 107-8 erectile prosthesis, 55 Erhardt, Virginia, 119 Erickson, Reed, 67 Erickson Education Foundation, 67 estrogen, 48-50 Evolution's Rainbow (Roughgarden), 70-71,77

facial feminization surgery, 53-54 facial hair, 49, 51 fat distribution, 49, 51 Feinberg, Leslie, 68, 76 female hormones, 48-50 feminine-appearing men, 21-22 feminism, 47 fertility: with estrogen therapy, 49, 50; with testosterone therapy, 51, 52 Flynn, Taylor, 104 Fogh-Andersen, Paul, 64 forehead recontouring surgery, 53-54 Frank, Barney, 102 friends, 34-35 fruit bats, 71 FTM (F2M). See transmen gatekeepers, 56-58, 95-96 Gay, Lesbian and Straight Education Network (GLSEN), 105

gaydar, 21

gay men, 14–15; definition of, xvii, 15; MTFs and, 25; stereotypes of, 22–23

gender: assigned *vs.* experienced gender and, 84; binary constructions of, 5–6, 84, 98–99, 114; as continuum, 12; as social construction, 5, 10; *vs.* sex, 4–5; *vs.* sexual orientation, xvii, 14–16

gender-affirming surgery, 52–55 gender dysphoria, 56, 79–80;

diagnostic criteria for, 80, 83–85; use of term, 92. *See also* mental health controversies

gender expression, 6–10, 14, 106; as continuum, 19; sexual orientation and, 19–22

gender identity, 6–10, 14, 106; as continuum, 19; in disorders of

gender identity (continued) sex development, 123-24; nature vs. nurture in, 64-66; sexual orientation and, 19-22; solidification of, 41 Gender Identity Clinic of Johns Hopkins University, 68 gender identity disorder (GID), 79-85; AMA statement on, 93; diagnostic criteria for, 80-83; mental health professionals on, 93-95; remission designations for, 92. See also mental health controversies Gender Identity Disorder Reform Advocates, 92 Gender Madness in American Psychiatry (Winters), 94-95 gender nonconforming people, xviii, 42-43, 117-18 genderqueer people, xviii, 115-16 gender reassignment surgery (GRS), 52. See also gender-affirming surgery gender role, 6 gender stereotypes, 22-24 gender-variant people, xviii, 42-43, 117-18 genital surgery, 53, 57 GID. See gender identity disorder GLBT (gay, lesbian, bisexual, or transgender), 14–15; gay rights movement of, 67, 68, 70; gender expression among, 20-22; marriage among, 25-28, 109; research on, 78; solidarity myths of, 24-25; stereotypes of, 30; suicide among, 126-27

Hagberg, Chris, 126 hair, 49, 51 Halberstam, Judith, 24 Harris, Daniel, 125 Harry Benjamin International Gender Dysphoria Association, 56, 63, 68 Harry Benjamin Standards of Care, 56-58 hate crime laws, xviii, 99-101 Hate Crimes Prevention Act, 100 Head Over Heels (Erhardt), 119 health insurance, 52; for cosmetic/ elective treatments, 61, 88-89; DSM diagnostic criteria in, 83, 86-89, 92; remission obligations of, 92-93 hermaphroditism. See disorders of sex development heteronormativity, 23 heterosexual people, 15 hijras, 72-73 Hirschfeld, Magnus, 62, 67 historical overview, xvii-xviii, 62-70; Benjamin's work in, 62-63, 64; Jorgensen's coming out in, 63–64; Reimer's nature vs. nurture case in, 64-66; twentieth-century milestones in, 66-70 homosexuality, 80, 86. See also GLBT hormones, 1-2, 48-52, 57; adverse effects of, 55; emotional effects of, 49-50, 52; endocrinology recommendations for, 87-88; in FTM transition, 50-52; in MTF transition, 48-50; physical effects of, 49, 50-51; reversibility of effects of, 50, 52. See also transition House, Carrie H., 75 How Sex Changed (Meyerowitz), 67 Hunter, Tyra, 100

hyenas, 71 hysterectomy, 55, 57

immigration, 110–11 India, 72–73 insurance. See health insurance Integrity USA, 107 International Classification of Diseases (ICD), 80 International Journal of Transgenderism, 63 intersex, xviii, 83, 84, 121–24 Intersex Society of North America, 83, 122 invisibility, 47

Jagose, Annamarie, 20 jaw surgery, 53 Jefferson, Thomas, 105 Jorgensen, Christine, 63–64, 68 *Just Add Hormones* (Kailey), 46–47

Kailey, Matt, 46–47 Kaldera, Raven, 124 *Kaplan and Sadock's Synopsis of Psychiatry*, 86–87 keyhole surgery, 54 Kinsey, Alfred, 18, 62 Kinsey Scale of Sexual Orientation, 18, 27 Korea, 72 Kulick, Don, 20

labeled at birth (as term), 4–5 labia majora, 53 legal considerations: antidiscrimination laws in, xviii, 99–103; in marriage, xvii, 25–28; in transition, 58–59; workplace protections in, 39 legal transition, 58–59 lesbian women, xvii, 14-15; with masculine appearances, 20-21, 24-25; stereotypes of, 22-23 Lev, Arlene, 31 LGBT (lesbian, gay, bisexual, or transgender). See GLBT libido: with estrogen therapy, 49; with testosterone therapy, 51 liposuction, 54 loss, 32-33, 34 L Word, The, 21

mammoplasty, 53 marriage, xvii; in census categories, 109; to cross-dressing partners, 117-21; to same-sex partners, 25-28, 109; to transitioning partners, 36-37 masculine-appearing women, 20-21, 24-25 mastectomy, 54 Matthew Shepard and James Byrd, Ir. Hate Crimes Prevention Act, TOO medical diagnosis for trangenderism, 87-89, 91-94 medical intervention. See transition menstruation, 50 mental health controversies, xviii, 79-96; AMA statement in, 93; in diagnostic criteria, 80-85, 91-94; disorders of sex development in, 83, 84-85; on gatekeeper roles, 56-58, 95-96; insurance coverage in, 86-89, 92; intersex in, 83, 84; mental health professionals on, 93-95; mental illness designations in, 86-91; post-transition specifier in, 85; on sexual orientation, 96; WPATH standards of care in. 95-96

mental health professionals: on diagnostic criteria, 93-95; permission standards for, 56-58, 95-96 mental health services: for transgender children, 43; for transition, 57-58 metoidioplasty, 51-52 Meyerowitz, Joanne, 67 military service, xviii, 111-12 Minter, Shannon, 101 Money, John, 65-66, 68 Morrow, Deana F., 30 Mottet, Lisa, 101-3 MTF (M2F). See transwomen muscle mass, 49, 51 My Husband Betty (Boyd), 119

name changes, 59 National Association of Social Workers, 93 National Center for Transgender Equality, 110-11 National Gay and Lesbian Task Force, 103, 109 Native Americans, 73-75 Navajo society, 74-75 nipple grafts, 54 nondiscrimination laws, xviii, 99-103 non-op transgender people, 99 nontransgender people, 15, 19 NorthEast Two-Spirit Society, 73-74 nose reshaping, 53 number of transgender people, 13 Obama, Barack, 69, 100 Olympic athletes, 69

oophorectomy, 55, 57 orchiectomy, 53 pansexual people, 15 parents: coming out to, 31-33; senses of loss among, 32-33; of transgender school-aged children, 40-44 Partridge, Cameron, 107-8 passing, xviii, 112-13 passports, 58 periareolar surgery, 54 permission standards of care, 56-58, 95-96 phalloplasty, 55 political debates. See mental health controversies prison, 99 pronouns, xvii, 10, 11-12, 115-16 psychiatry. See mental health controversies puberty-inhibiting medication, 60-61 public restrooms, xviii, 39, 98, 101-3

queer people, 16–18 "Queer the Census" campaign, 109

racism, 110 Rasmussen, Stu, 69 rebirth, 46-47 Reimer, Brian, 64-66 Reimer, David, xviii, 64-66, 68, 69 Reimer, Janet and Ron, 65 religion, xviii, 105-8 remission, 92-93 reparative therapy, 90-91, 95 research on transgender, 77-78 restrooms, xviii, 39, 98, 101-3 revelation of trans identity. See coming out Richter, Dora, 67 Rivera, Sylvia, 70 Robinson, V. Gene, 107-8 Roughgarden, Joan, 70-71, 77

same-sex marriage, 25-28, 109 Sandeen, Autumn, 46 scientific categories of gender, 70-72 scrotum formation, 54, 55 Servicemembers Legal Defense Network, 111-12 sex, 4-5 sex reassignment surgery (SRS), 52. See also gender-affirming surgery; surgery Sexual Behavior in the Human Female (Kinsev), 18 Sexual Behavior in the Human Male (Kinsev), 18 sexual organs, 1-2 sexual orientation, xvii; as continuum, 18, 27; definition of, 14–16; DSM statements on, 96; gender expression and, 19-22; gender stereotypes and, 22-24; Kinsey Scale of, 18, 27 Sexual Orientation and Gender Expression in Social Work Practice (Morrow), 30 Shepard, Matthew, 100 She's Not There (Boylan), 36-37 Shiva, 73 siblings, 34 Simpson, Amanda, 69 skin texture, 51 social status changes, 45-46 social transition, 45-48 solidarity, 24–25 Southeast Asia, 72-73 sperm production, 49 spouses of transpeople: coming out to, 35-37; custody decisions with, 103-4 standards of care, 56-58, 95-96 Standards of Care for the Health of Transsexual, Transgender, and

Gender Nonconforming People, 56-58 Stanton, Susan, 69 stealth, 13, 25 stereotypes, 22-24 sterility, 51, 52 stigma, xv-xvi Stonewall rebellion, 67, 68, 70 straight people, 15 suicide, 126-27 Sullivan, Lou, 70 surgery: for FTM transitions, 54-55; insurance coverage of, 52, 86, 88-89; for MTF transitions, 53-54; non-op transgender and, 99; terminology for, 52. See also transition Sylvia Rivera Law Project, 70 Sylvia's Place, 70 Teena, Brandon, 68, 100 testes: orchiectomy for, 53; testicular implants for, 54, 55

testosterone, 1, 48, 50-52, 55 Thailand, 72 "Thinking Sex/Thinking Gender" (Jagose and Kulick), 20 third gender, 72-73 Tipton, Billy, 68 tomboys, 32, 40-41, 48, 81-82, 117 top surgery, 51, 54, 56, 57 trachea shave, 54 TransEpiscopal, 107 transgender: definition of, xvii, 2-3; numbers of, 13; as term, 11 Transgender American Veterans Association, 111 Transgender Civil Rights Project, 103 Transgender Day of Remembrance, 69 Transgender Emergence (Lev), 31

Transgender Liberation (Feinberg), 68 Transgender Rights (Flynn), 104 Transgender Warriors (Feinberg), 76

- transition, xvii, 2, 23, 45–61; for children/adolescents, 60–61; coming out in, xv–xvi, 30; costs of, 52; health insurance for, 52, 61, 83, 86, 92; hormonal therapy in, 48–52, 57, 87; legal components of, 58–59; mental health services for, 57–58; name changes in, 59; as normative treatment, 86–87; permission requirements for, 56–58, 95–96; as remission, 92–93; social transition in, 45–48; surgeries in, 52–55, 86; as term, 11, 45
- transmen, 10–11; bottom surgery of, 54–55; butch lesbians and, 24–25; chest (top) surgery of, 51, 54, 56, 57; definition of, 10–11; erectile prosthesis for, 55; hormonal regimen for, 50–52; hysterectomy and oophorectomy for, 55, 57; social transition for, 46–48; standards of care for, 56–57 transsexualism, 79–80 transsexual people, 1–2 *Transsexual Phenomenon, The*, 63, 67 transvestic fetishism, 119 transvestism. *See* cross-dressing

transwomen, 10–11; appearance challenges for, 47–48; breast augmentation surgery for, 53, 56, 57; definition of, 10–11; facial surgery for, 53–54; gay men and, 25; genital surgery for, 53, 57; hormonal regimen in, 48–50; social transition for, 45–48; in Southeast Asian cultures, 72–73; standards of care for, 56–57 trans youth. *See* children who may be transgender two-spirit people, xviii, 73–75

United Church of Christ, 106–7 universal health care, 86 U.S. Census, 108–10

vaginoplasty, 53 voice changes, 49, 51, 52

weight, 51 Winters, Kelley, 94–95 women's movement, 24–25, 47 workplace: coming out in, 38–39; legal protections at, 39, 100–101, 108 World Professional Association for Transgender Health (WPATH), 56, 63, 93, 95–96

youth. *See* children who may be transgender

Zulus, 73