

## CONTENTS



**FOREWORD ix**

Jamison Green

**INTRODUCTION xiii**

Why This Book Was Written and How It Is Laid Out

**ACKNOWLEDGMENTS xxi**

**CHAPTER ONE 1**

What Does It Mean to Be Transgender?: An Introduction to the Term

**CHAPTER TWO 14**

Sexual Orientation Versus Gender: What's the Difference?

**CHAPTER THREE 29**

Coming Out as Transgender: When, Why, and How People Come Out

**CHAPTER FOUR 45**

Transition: The Social, the Emotional, and the Medical

**CHAPTER FIVE 62**

The History of Transgenderism and Its Evolution Over Time

**CHAPTER SIX 79**

Transgenderism as a Mental Health Issue:

The Controversy Over Transgender Identity as a Disorder

**CHAPTER SEVEN 97**

Discrimination: Exploring the Barriers That Transpeople Face

**CHAPTER EIGHT 114**

Lesser-Known Types of Transgenderism:

Understanding Cross-Dressers, Genderqueer People,

Drag Queens, and More

**APPENDIX A: GLOSSARY 129**

**APPENDIX B: RESOURCES FOR READERS 137**

**NOTES 141**

**BIBLIOGRAPHY 153**

**INDEX 161**