

# CONTENTS

*Acknowledgments* xi

*Introduction* xiii

## Part One: Theory

1. Popped 3  
Analysts Reflect on Screen Memories 4
2. Play with Me 9  
Analysts Reflect on Symbolic Representation 11
3. The Calling 19  
Analysts Reflect on Magical Thinking 23
4. New Furniture 30  
Analysts Reflect on Superego Development 33
5. Woodbridge 40  
Analysts Reflect on Dream Theory 42
6. Wearing My Tutu to Analysis 47  
Analysts Reflect on Transference and Enactment 49

## Contents

### Part Two: Development

7. Ode to a Tissue 55  
Analysts Reflect on Transitional Objects  
and Phenomena 56
8. Mommy Broke It! 60  
Analysts Reflect on Castration Anxiety 62
9. Bumps and All 67  
Analysts Reflect on Early Adolescence 69
10. First Party 74  
Analysts Reflect on Emergent Adolescent  
Sexuality 76
11. Custodial Care 81  
Analysts Reflect on the Transition to  
Adulthood 84
12. Nestled 90  
Analysts Reflect on Motherhood as a  
Developmental Phase 92

### Part Three: Technique

13. Graham Crackers 103  
Analysts Reflect on Beginning the Treatment 105
14. In My Eyes 113  
Analysts Reflect on the Holding Environment 117
15. How to Save a Life 124  
Analysts Reflect on Interpretation and Insight 128
16. Friends of the Heart 135  
Analysts Reflect on Termination 137

### Part Four: Treatment Challenges

17. Joining the Pain 145  
Analysts Reflect on Countertransference 148

- 18. The Taxi 157  
Analysts Reflect on Race and Racism 160
- 19. My Best Friend, Fiona 168  
Analysts Reflect on Boundary Violations  
in Treatment 171

Part Five: When the World Shatters

- 20. Into the Kitchen 183  
Analysts Reflect on a Patient's Memory of  
Trauma and Betrayal 186
- 21. The Bird Box 194  
Analysts Reflect on Transgenerational  
Transmission of Trauma 197
- 22. Phantom Limb 203  
Analysts Reflect on Immediate Loss 204
- 23. The Question 211  
Analysts Reflect on Memory and Grief 213  
Conclusion 218

*References* 225

*Index* 243

