# INDFX

Adelson, Edna, 96-97 adolescence: and brain development, 84-85; developmental progression and regression in, 77-78; early, 69-73; hormonal changes during, 69, 76, 78; identity and belonging in, 70, 86–87; judgment capacity in, 85; late, 84-89; and peer groups, 69, 71, 76-77, 87; sense of self in, 85, 87, 88-89; vignettes about, 67-69, 81-84 adolescent sexuality, 76-80, 87, 89; and parental separation, 77; and sexual orientation, 78-79; vignette, 74-75 Altman, Neil, 162, 164-65, 166

anger: and grief, 206; and rage, 163; and symptom formation, 153–54; of therapy patient, 122, 154 attachment theory, 16, 152, 207 Atwood, George, 45 Auerhahn, Nanette, 200

Bach, Sheldon, 141
Baker, John, 206–7
Beebe, Beatrice, 154
Benedek, Therese, 97, 98
Benjamin, Jessica, 72
Bergman, Anni, 13, 14, 119
Bettelheim, Bruno, 26
Bion, Wilfred, 119
Blos, Peter, 69–70
Blum, Harold, 151

Bollas, Christopher, 179
Booth, Alan, 78
boundary violations, 171–80; causes
of, 174; damage from, 178; Freud
on, 171; patient-therapist sexual
relationships, 171, 175, 177–78;
slippery slope toward, 172, 175;
vignette about, 168–70
Bowlby, John, 207
Brockman, David, 89
Brugger, Peter, 28–29
Bucci, Wilma, 131

castration anxiety, 62–66; and female genital anxiety, 66; Freud on, 62, 63, 66; vignette about, 60–61

children: and castration anxiety, 62-66; and conscience, 33, 34, 37, 39; death of, 207-8; dependency of, 26, 95, 96, 120, 187; developmental stages of, 14-15, 17, 24-25, 26-27, 59, 88; egocentrism of, 23, 24, 26, 27, 63, 64, 66; holding environment for, 16, 117-118, 120; and identification, 39; imagination of, 12, 13, 29; and imitation, 38-39; individuation and separation of, 12, 14, 70, 89, 94, 119; magical thinking by, 23, 24-25, 26-27; mentalization by, 24, 165, 189; mothers as love object of, 93; and object constancy, 12–13;

omnipotent beliefs of, 152; and play, 11-12, 14-16, 120-22; relationship with mother of, 15, 16-17, 95-100, 219; role playing by, 26; and rules, 37, 39; and sense of self, 12, 14, 15-16, 17, 72, 99, 165, 214; sexuality of, 33-34, 62-63, 64, 66; "soul murder" of, 189; and stress, 71-72; and symbolic representation, 14; and therapy, 17, 108-9, 120-22; and transference, 50-51; and transgenerational trauma transmission, 197-99, 201, 202; and transitional objects, 56-59. See also adolescence child sexual abuse, 186-93; impact of, 179, 186, 187, 188; therapy treatment for, 187, 189-90, 193; and traumatic memory, 192; vignette about, 183-86 Chused, Judith, 52, 132 claustrum, 123 Clewell, Tammy, 206 Cohen, Donald, 15, 17 compromise formations, 7 conscience, 33, 37; and superego, 34-39 countertransference. See transference and countertransference

Dalal, Farhad, 160–61, 164, 166 Dali, Salvador, 4–5 Davies, Jody, 178 death: of children, 207-8; Freud on, 205, 207, 214; of mothers, 71, 207; in object-relations theory, 207. See also grief and mourning depressive position, 65-66 Deutsch, Helene, 93, 94 DiAmbrosio, Phyllis, 72 Didion, Joan, 208, 214 displacement, 6, 50, 93, 121, 141 dissociation, 188–89, 192, 213–14 dreams, 42-46; developmental function of, 45; Freud on, 42-43, 44; as protection, 44; and screen memory, 7; self-state, 45; and therapy, 43, 44-46; vignette about, 40-42

Echo Maker, The (Powers), 215
ego, 5, 34. See also superego
egocentrism, 23, 26, 27, 63, 64, 66,
152
ego ideal, 38, 39, 88
ego psychology, 191
Eissler, Kurt, 85–86
enactment, 52, 155, 172
envy, 5, 6, 43, 64, 70; and idealization, 175–76; penis envy, 35, 66
Erikson, Erik, 88

Fairbairn, Ronald, 191 fantasy: Oedipal, 64–65, 66, 177– 78, 190; patients', 50, 52, 62, 120, 175–76; and play, 17, 26, 141; and psychic trauma, 179,

187, 191, 198, 199, 200; and rage, 163, 167; and reality, 15, 26, 27, 62, 73; of reunion, 208 fathers: daughters' relationship to, 35, 36, 49-50, 69, 72-73; and Oedipal longings, 35, 51, 63-65, 177; sexual abuse by, 188 female development, 35-36; and sexuality, 66, 76-80 Fenichel, Otto, 49, 206 Ferenczi, Sándor, 119, 151 Fonagy, Peter, 24, 26, 165, 191 Fosshage, James, 45 Fraiberg, Selma, 96-97 Frank, George, 51 Frankl, Victor, 209 Freud, Anna, 39, 120, 166 Freud, Sigmund: on analytic treatment, 111, 119, 128-29, 173; on bisexuality, 79; on boundary violations, 171; on castration anxiety, 62, 63, 66; on death and mourning, 205-7, 214; on developmental stages, 88; on dreams, 42-43, 44; on female development, 35; on idealization, 176; on magic, 28; on motherhood, 93; on Oedipus complex, 35, 62, 63, 190; and psychodynamic thinking, 33; on sadomasochism, 151-52; on screen memory, 5, 6; and seduction theory, 190; on superego, 34, 35; on transference

Freud, Sigmund (continued) and countertransference, 49, 50, 149

Gabbard, Glen, 171-72, 173, 178 Gaines, Robert, 208 Garmezy, Norman, 71-72 Grealy, Lucy, 216 Greenacre, Phyllis, 70 grief and mourning, 204-10; defined, 204-5; and depression, 205; as evolving event, 208, 216-17; Freud on, 205-7; and melancholia, 206; and memory, 208, 213–17; in object-relations theory, 207; as personal processes, 210; and religion, 209; ruminative, 205; and self-narratives, 216; social dimension of, 209; therapists' view of, 208-9; vignettes about, 203-4, 211-13

Hamer, Forrest, 164
Hirsch, Irwin, 79
holding environment, 117–23; as
concept, 117–18; and motherchild relationship, 16, 118, 120;
therapy as, 108, 118–20, 122–23;
vignette about, 113–17
Holmes, Dorothy, 162, 165
Holtzman, Deanna, 89
hormones, 69, 76, 78, 95, 96

id, 34

idealization, 176–77, 178, 188 individuation, 12, 14, 89, 94, 119; of adolescents, 69–70; and transgenerational trauma, 198 internalization, 57, 142; children and, 12, 15–16, 39; of parents, 88, 89; and superego, 34, 62; in therapy, 132, 137, 139, 140, 167 introjection, 97, 206

Jacobs, Ted, 105–6 Jacobson, Edith, 208 jealousy, 4, 44–45, 65 Johnson, Samuel, 204 Joseph, Betty, 131, 132, 149 Joy of Sex, The, 67–68

Kaplan, Louise, 80 Kellerman, Henry, 153–54 Klein, Melanie, 65–66, 175–76, 207 Kluft, Richard, 191 Kohut, Heinz, 45, 119 Kulish, Nancy, 89

Lachmann, Frank, 154
language: children's acquisition of,
14, 37, 100; as double-edged
sword, 219; in identity, 160; and
mother-child relationship, 219;
and play, 11–12, 120, 137; in
therapy, 110, 111, 112, 131, 134,
218, 222
Laub, Dori, 200
Leary, Kimberlyn, 160, 162, 163

Lester, Eva, 93, 171–72, 178
Levine, Howard, 199
Levy-Warren, Marsha, 86, 88
Lewis, C. S., 217
Lewis, Michael, 163
Lieberman, Morton, 205
Liegner, Evelyn, 111
Lipton, Rose, 58
Loewald, Elizabeth, 98
Loewald, Hans, 129, 139, 155

Maciejewski, Paul, 208 magical thinking, 23-29; adults and, 27-28; developmental functions of, 23, 24-25, 26-27; Freud on, 28; and mental health, 28-29; and transitional objects, 58; vignette about, 19-23 Mahler, Margaret, 12-13, 14, 98-100, 119 Mayer, Elizabeth, 66, 174 Mayes, Linda, 15, 17 Meadow, Phyllis, 106, 108, 109 Meissner, W. W., 150 melancholia, 206, 208 memory: and grief, 208, 213-17; and inchoate feelings, 219; reconstruction of, 214-15, 220-21; traumatic, 189-90, 192, 215, 222; true and false, 4-5, 220; types of, 192. See also screen memories mentalization, 24, 165, 189 Milrod, David, 38-39

Mitchell, Stephen, 52
Modell, Arnold, 118, 119, 123
mothers and motherhood: children's
relationship to, 15, 16–17,
95–100, 219; death of, 71, 207;
as developmental phase, 92–100;
and displacement, 6; Freud on,
93; girls' identification with,
71; and holding environment,
16, 118, 120; as love object for
children, 93; and nurturing,
94; vignette about, 90–92; and
women's emotional development,
93–94
"Mourning and Melancholia"

Notman, Malkah, 93 Novick, Jack, 142, 152 Novick, Kerry, 142, 152 nurturing, 94

object constancy, 12-14, 70

(Freud), 205, 206

object-relations theory, 98, 191, 207

"Observations on Transference Love" (Freud), 171

Oedipus complex, 51, 64, 65–66; in adolescence, 87–88, 89; Freud on, 35, 62, 63, 190; and sadomasochism, 151, 152; in therapy, 141

Ortmeyer, Dale, 175–76

Our Bodies, Ourselves, 67

peer relationships, 69, 71, 76–77, 87
penis envy, 35, 66
Philips, Helen, 28–29
Phillips, Adam, 129–30
Pine, Fred, 119, 131
play, 11–12, 14–16, 17, 26–27,
120–22
pleasure principle, 27
Poland, Warren, 129, 130, 131, 132
Powers, Richard, 215
primary narcissism, 25
projection, 96, 164–65
Provence, Sally, 58
psychic equivalence mode, 24, 26
Psychopathology of Everyday Life,
The (Freud), 6

race and racism, 160-67; and projection, 164-65; race as social construct, 160-61; racist beliefs, 161; and therapist-patient relationship, 161-63, 167; use of black and white, 165-66; vignette about, 157-59 rage, 4, 37, 147, 152, 179; and anger, 163; and racism, 157-58, 159, 166 rapprochement, 14, 99 reality principle, 27 "Recommendations to Physicians Practicing Psychoanalysis" (Freud), 128–29 religion, 209 repression, 63, 97

Rilke, Rainer Maria, 220 Ritvo, Samuel, 94 Ross, John, 171

sadomasochism, 151-52, 153 Sandler, Anne-Marie, 130 Sandler, Joseph, 130 screen memories, 4-8, 220; and dreams, 7; Freud on, 4, 6; vignette about, 3-4. See also memory Searles, Harold, 177 seduction theory, 190 self-awareness, 79, 88, 142, 165, 192, 214 self-delineation, 88 self-image, 39, 71, 73, 165 self-injurious behavior, 146-47, 148, 151, 153; vignette about, 145-47 self-narratives, 201, 216, 221 self-psychology, 45, 191 self-state dreams, 45 separation: as adolescent theme, 87-88, 89; anxiety over, 77, 86, 87; and individuation, 12, 14, 89, 94, 119, 198; and therapy termination, 123, 139 sexual abuse. See child sexual abuse sexuality: adolescent, 76-80, 87, 89; and bisexuality, 78-79; children and, 33-34, 62-63, 64, 66 shame, 38, 146, 163, 165, 188 Shapiro, Vivian, 96-97 Shengold, Leonard, 189

Shoshan, Tamar, 201 Smith, Betty, 23 Smith, Henry, 155, 161, 164 Solnit, Albert, 14–15 Stern, Daniel, 219 Stolorow, Robert, 45 Sullivan, Harry Stack, 165, 176 superego, 33-39; and behavior standards, 37-38, 39; and conscience, 38, 39; and female development, 35-36; Freud on, 34-35; vignette about, 30-33 symbolic functioning, 199, 200, 201 symbolic representation, 11-18; and developmental stages, 14-15, 17; Mahler on, 12-13, 14; therapeutic value of, 17; vignette about, 9-11 symptom formation, 153-54

Target, Mary, 24, 165
therapy: analysts' role in, 129–30;
analytic frame in, 110, 112,
173–74; children and, 17, 108–9,
120–22; countertransference
in, 109–10, 138–40, 141–42,
148–56, 193; dreams as tools in,
43, 44–46; free association in, 17,
129, 173; Freud on, 111, 119,
128–29, 173; and grief, 208–9;
holding environment in, 108,
118, 119–23; interpretation by
therapist in, 129–32; moral code
in, 172; patient insight gained in,

129, 130, 131, 133-34; patienttherapist relationship, 51, 120, 150, 154, 173, 174; physical space of, 108; power differential in, 171, 178; role of surprise in, 132; rules in, 111-12, 172; shared language in, 111, 218; and storytelling, 219, 222; therapeutic action, 128, 131, 132; therapist's restlessness in, 132-33; transference in, 49, 50, 51-52, 106, 134, 141-42, 150, 177; and trauma, 192–93; vignette on interpretation and insight, 124-28. See also boundary violations therapy beginning, 105-12; establishment of frame in, 108, 110-11; transference in, 106; vignette about, 103-5 therapy termination, 137-42; as phase of treatment, 138; reasons for, 140-41; vignette about, 135-37 Tolpin, Marian, 57 transference and countertransference, 49-52, 148-56, 173; children and, 50-51; definitions of, 148; Freud on, 49, 50, 149; Oedipal configuration in, 177; and idealizing, 119, 176; and race, 162; and therapy beginning, 106; and therapy success, 134, 150; and therapy termination, 141-42; and trauma

transference (continued) patients, 193; vignettes about, 47-48, 145-48 transitional objects, 56-59; motherinfant relationship as, 98; vignette about, 55-56; Winnicott on, 56-57, 59 trauma: boundary violations and, 178, 179; and memory, 189-90, 192, 215; mothers and, 97; narratives of, 222; and therapy, 192-93. See also child sexual abuse trauma transmission, transgenerational, 197-201; and children, 197-99, 201, 202; fantasy and reality in, 199, 200; and individuation, 198; vignette about, 194-96 Tree Grows In Brooklyn, A (Smith), 23

Tronick, Edward, 154 Tyson, Phyllis, 87–88

vortex effect, 214

Ward, Herbert, 186
Willoughby, Roger, 123
Winn, Mary Day, 76
Winnicott, D. W., 17, 58, 151;
on children's play, 15–16; on holding environment, 118; on interpretation in therapy, 129–30; on mother-child relationship, 95, 98, 100; on transitional phenomena, 56–57, 59

Yalom, Irvin, 205 Year of Magical Thinking, The (Didion), 208



