

Page numbers for entries occurring in figures are followed by an *f* and those for entries in tables are followed by a *t*.

- abandonment, fear of, 30, 98
- abandonment anxiety, 99, 101, 102
- Abdulkhaleq, H., 326
- abreaction, 166, 299, 300
- acupuncture/acupressure, 166
- Adams, J., 38
- adaptation, 134
- adrenaline, 71, 72
- Adult Attachment Interview, 117–18, 129
- affairs, 172, 195–201
- affect balancing, 82–84
- affective changes, 149
- affective disorders, 166
- affect regulation, 12, 32, 155, 166, 242–43;
 - attachment theory on, 114, 116, 119, 120, 121, 123, 125–26, 129; biopsychosocial assessment of, 149; coregulation, 120; intergenerational patterns in, 174; in Ken and Janet clinical vignette, 125–26; in military couples and families, 291–92, 300; neurobiological effects in, 18–20, 81, 82–84; neurophysiological effects in, 134; overregulation, 116; right-brain disruption and, 73–76, 78; underregulation, 116
- Afghanistan war, 285–86
- African Americans, 9; gender identity in, 48; intergenerational family theory on, 57, 59; in the military, 288–89, 294–95; parenting issues and, 189; racial identity development in, 42; sexual orientation and, 50. *See also* Pelim and Dorothy (clinical vignette); Rod and Yolanda (clinical case illustration)
- aggression: countertransference, 222, 224–27; in military couples and families, 294–96; objects to modulate, 92, 110; right-brain disruption and, 75; Winnicott on, 92, 110, 112. *See also* violence
- agreements, 268, 269–70
- Ainsworth, M., 115–16
- Akhtar, S., 325
- Alaskan Natives, 59
- Alex and Ivan (clinical vignette), 62
- Alexander, A., 7, 305, 319
- Alexander, P. C., 188, 190
- alexithymia, 79, 87, 170
- Alice and Sam (case example), 200–201
- Allen, I. A., 7, 9
- Allen, J. G., 115, 116, 189
- alliance-building techniques, 29
- alpha bias, 39, 53, 160, 183, 186, 303
- ambiguity, 64–65
- ambitendency, 98, 102
- ambivalent attachment, 115–16, 117*t*, 118, 157; correlation with adult version, 119*t*; couple systems and, 122; in Rod and Yolanda clinical case, 263, 266
- American Army Medical Corps, 22
- American Indians, 43, 57, 59
- American Psychiatric Association, 23, 304
- American school of object relations theory, 93
- amnesia, 77
- amygdala, 71–72, 74, 75, 77, 79, 83
- Anderson, C. L., 188, 190
- Andrews, H., 325