Contents

Preface xi

Acknowledgments xv

- 1. Dreaming Justice and the Beloved Community in the Twenty-First Century 1
- 2. The Empowerment Approach: A Conceptual Framework 30
- 3. Empowerment Method: The How-To 56
- 4. Establishing Multifocal Vision: The History of Oppression 94
- 5. Establishing Multifocal Vision: The Ecological Perspective and Coping 139
- 6. Multifocal Vision: Developing Ethclass, Feminist, Cultural, Global, and Critical Perspectives—One Clear Lens, Many Foci 162
- 7. Making Beginnings in Individual and Family Empowerment: Processes and Practice Skills 186
- 8. Assessment for Empowerment: Content and Process 206

x Contents

9. Working on Problems Together: The Empowerment of Individuals and Families 229

- 10. Empowering Special Populations 259
- 11. The Empowerment Group Approach 290
- 12. Empowerment Groups: Working Together Toward Empowerment 321
- 13. Community and Political Empowerment Practice 351
- 14. Empowerment in Global Perspective: Social and Economic Justice for All 396

References 433

Some Suggested Web Resources 471

Name Index 473

Subject Index 485