AARP. See National Retired Teachers Association—American Association of Retired Persons
academic medical centers, 120–121;
Alzheimer’s research in, 136–137;
Mount Sinai Medical Center, 128–129
Action for Mental Health (1961), 54
Adler, Mortimer J., 214–215
adolescents, Butler’s work with, 72
adulthood, and life review, 16–17
African Americans, in Duke University study, 59
age: biases against, 3; importance of, 177; and retirement, 110.
See also ageism; chronological age; longevity
Age Boom Academy, 145
aged: healthy, 65; images of, ix. See also elderly persons
age discrimination, 166
Age Discrimination in Employment Act (1967), 80
ageism, 99, 113, 186; among health professionals, 149; antidote to, 198; in Butler’s career, 196, 198;
and denial, 156; as disease, xii; and feminist critique, 176; and gerontophobia, 195, 197; language of, 181; in medical school, 84;
of medical students, 117; in medicine, 136, 168; prevalence of, xv; process of, 84; as psychosocial disease, 157;
196; term coined by Butler, x; underlying basis of, 156;
use of term, xii, 69, 84–85, 195
“Ageism: Looking Back Over My Shoulder” (Butler), 196

aging: active, 200; Americans’ perceptions about, 166; confronting negative images of, 195; conscious, xi; continuity theories of, 191; defining, 60; denial of, 176; as disease, x; early interest in, 44–45; and environmental destruction, 194; expanding research on, 92; fears about, 198; future visions of, 177; genetic basis of, 148; global, 140; healthy, 181, 193, 198; images of, 182; life-course perspectives on, 191; mechanisms of, 135, 136; pathologic, 116; positive, xi, 200; prejudices regarding, 185; public consciousness about, 83; researching rate of, 147; research on, 135; science of, x; societal, 169, 189; studies of, 190; successful, xi, 200; visible consequences of population, 137; vital, 200. See also gerontology; healthy aging; population aging; senescence

“Aging and Medical Education” (Beeson et al.), 107

Aging and Mental Health (Butler and Lewis), 85–86, 88, 112, 192

“aging crisis,” 153–154

“The Aging Factor in Health and Disease: The Promise of Basic Research on Aging” report (Butler et al.), 135

alcohol abuse: and hospital admissions, 42; pharmacological approach to, 52

alcoholics, older, 52

alcohol use, in healthy aging, 217

Alliance for Aging Research (AAR), 109, 110

Alliance for Health & the Future, 145

“Alzheimerization of Aging” (Adelman), 104

Alzheimer’s disease, 157, 192, 199; delaying occurrence of, 158; funding for research on, 103; research on, xiii; as research priority, 101–106

Alzheimer’s Disease and Related Disorder’s Association (ADRDA), 103

American Association of Retired Persons (AARP). See National Retired Teachers Association—American Association of Retired Persons

American Board of Medical Specialties (ABMS), 119–120

American Medical Association (AMA), 89, 119, 177

amyotrophic lateral sclerosis (ALS), 157, 192

anti-aging industry, 183–184

anti-aging programs, Butler’s concerns about, 150

Apgar, Virginia, 42

Aristotle, 5, 15, 205

arts, life review in, 6

“Aspects of Survival and Adaptation in Human Aging” (Butler), 73

Atlantic Philanthropies, 142, 143, 162, 169

autobiography: 200; compared with novel, 22, 209; guided, 9. See also life review

baby boomers, xv, 81, 137; and ageism, 168, 196; at-risk, 133; and change, 182; and dementia, 101–102; and
environmental movement, 194; fears of, 197; future of, 186–187; health of, 150–151; at retirement age, 160; and Social Security, 180
Baltes, Paul B., 185–186
Baltimore Longitudinal Study of Aging (BLSA), of NIA, 105, 208
Barmore, Morriseen, 173, 174
Baroni, Msgr. Geno, 81–82
Barzun, Jacques, 32, 41; on cover of Time, 38; on student-instructor relationship, 37; views on liberal education of, 33
Bateson, Gregory, 52
Bayley, John, 15, 212
Beckett, Samuel, 15, 207
Beeson, Paul, 106, 129
Berenson, Bernard, 19, 212, 215
Bergman, Ingmar, 6, 15, 206
Bernstein, Carl, 84, 195
bigotry, socially acceptable, 196
Big Science, and gerontology, 113
Birren, James, 9, 59, 65, 77–78, 115, 130, 132
Blanchette, Patricia, 108
Bloomberg, Mayor Michael, 171
Bowman, Karl, 48–49, 51, 52
Brody, Jacob, 105
Buber, Martin, 16, 203
Bullard, Dexter Means, Jr., 72–73
Bush, Pres. George W., 159, 167
Bush, Vannevar, 36, 39–40
Busse, Ewald “Bud,” 59, 77, 199
Butler, Nicholas Murray (Columbia University president), 31, 35–39, 41
Butler, family of Robert N.: Alexandra Butler (daughter), 41, 89; Christine Butler Guest (daughter), 41, 89; Cynthia Butler Gleason (daughter), 89, 174; Diane McLaughlin Butler (first wife), 41, 89; Easter Carol Butler (mother), 27; David Frank Marcus (father), 27; Fayette R. Dikeman (grandfather), 27n, 201; Fred Schlatter (stepfather), 30; Ida Dikeman (grandmother), 27, 27n, 28, 201, 202; See also Lewis, Myrna I.
Butler, Robert N.: as author, 84–89; Chestnut Lodge residency of, 56–57, 70, 73; children of, 41, 89, 173; civic engagement of, 78; as clinician, 47; at Columbia University, 30, 34–38, 67; death of, 172–173; as elder, 170–171; Elmhurst residency established by, 123; grandchildren, 172; grandparents, 27, 27n, 28, 201–202; during Great Depression, 26–29, 202; health of, 28, 165, 201; high school years, 29–30; honorary degrees awarded to, 172; International Longevity Centers started by, 140–146; legacy of, ix, 20, 23, 190; marriage to Diane McLaughlin, 41; marriage to Myrna Lewis, 8, 89; medical training, 39–44; memorial service for, 174; mentoring by, x, 174, 175, 215; military service of, 25, 30–31; and National Institute of Aging, 70, 91–92, 97–98, 171; obituaries, xi, xiii, 173; politics of, 81–83, 167, 177–178; psychiatric practice, 69, 71–72; in public sphere, 178; as
Butler, Robert N (continued)
Renaissance man, xv; as researcher, 29, 47; residency program of, 56–57, 70, 73, 123; road trip (1952), 44; scarlet fever, 28, 165, 201; undergraduate education, 25, 31–38; as visionary, 178–179; as wordsmith, xi, 84–89

caloric reduction: in rats, 106; study of, 146
Camus, Albert, 15, 210
caregivers, 22
Carter, Rosalynn, 110, 144
Cassel, Christine K., xiii–xiv, 127–128, 174
Chalmers, Thomas, 124, 126, 127, 129
Chestnut Lodge, 56–57, 70, 73
children: impact of Depression on, 26–29; living with grandparents, 28
Children of the Great Depression (Elder), 26–27, 28, 29
chlorpromazine, 55; development of, 53; review of effects of, 57; in schizophrenia, 53
chronological age: as poor predictor of longevity, 106, 160; and senescence, 106
citizen’s lobby, for Alzheimer’s research, 103
Civil Rights movement, 73, 195
Clarke, Hans Thacher, 41
cognitive behavioral theory, in productive aging, 134
cognitive behavioral therapy, life review in, 10
Cohen, Robert A., 59
College of Physicians and Surgeons, of Columbia University, 38, 39;
educational environment of, 40; scientific curiosity in, 43
Columbia-Presbyterian Medical Center, 39
Columbia School of Journalism, 111
Columbia University, 163; Core Curriculum of, 33–34, 35, 36, 182; cross-disciplinary courses at, 31–32; science education at, 36; and World War II veterans, 35
Columbia University, Butler at: admission to, 30; editorial work on Columbia Daily Spectator, 38, 67; undergraduate years, 34–38
Comfort, Alex, 88–89
community care, for chronically mentally ill, 77
costs, medical, 118–119. See also economy
Cowper, William, 6, 15
Cranston, Sen. Alan, 109, 110, 140, 160
cross-disciplinary research, positive implications of, 65
The Culture of Narcissism (Lasch), 180
Dawson, Charles R., 37
day center, adult, 74
death and dying: association of aging with, 87; and religious attitude, 211; social context for, 210. see also “good death”
de Gray, Aubrey, 172, 181
deinstitutionalization, 50, 76
dementia, 96, 186; and baby boomers, 101–102. See also Alzheimer’s disease denial: and ageism, 156; of aging, 176; as important psychological phenomenon, 210; in life review, 12 depression: in later years, 192; prevalence of, 192
Dewey, John, 32
DeWitt Clinton High School, 29–30
diet, in healthy aging, 217
diseases: chronic, 194; of old age, 190
District of Columbia: Advisory Committee on Aging, 81; R. Butler’s prominence in, 70–72
District of Columbia Department of Public Health, Mental Health Technical Advisory Committee of, 81
Dobrof, Rose, 2, 144, 174
Do Health and Longevity Create Wealth? (Webb), 155
Donald W. Reynolds Foundation, 130, 137
DuBois, W. E. B., 187
Duke Longitudinal Studies, 59, 158
“dumping,” 76
Eagleton, Sen. Tom, 96–97, 109
eco-elders, 195
economy: in late 1970s, 121; and life expectancy, 193–194; and longevity, 154–155; recession of 2008, 162
education: and ageism, 197; geriatric, 108, 115, 117; in healthy aging, 218. See also medical education
ego, in life review, 11
Elder, Glen, 26–27, 28, 29, 104, 190
elder abuse, 69–70
elder care, 77, 167, 170
elderly persons: black, 80; heterogeneity of, 88; minority, 80; in postwar America, xvi; vulnerability of, 87–88
eiders, institutionalized: images of, 74; quality of life of, 75
elementality, 19, 20; capacity for, 213; experience of, 213–214
Elmhurst, residency program at, 123
emotions, memories and, 208
end of life: care program, 210; decisions, 192; ethical dimensions of, 19
entitlements, old-age, 180
environmental elements, in human aging, 65
environmental movement, 194
Epidemiology, Demography, and Biometry Program (EDBP), at NIA, 105
Erikson, Erik, 6, 12, 15, 16, 185, 203
Europe, gerontologists in, 185
Evarts, Edward, 57
“The Façade of Chronological Age” (Butler), 65, 66
“failures of success,” 153–154
Farber, Leslie, 57, 70
fear in late life, 19
fellowships: geriatric, 128, 137; at NIA, 106; at VA, 108
The Feminine Mystique (Friedan), 111, 176
Fillit, Howard M., 128, 134, 174, 186
Finch, Caleb, 124, 160, 174
Fineberg, Harvey V., 152
Fiske (Lowenthal), Marjorie, 52
Flemming, Arthur, 80, 83, 98
Flexner, Abraham, 39
Ford, Pres. Gerald, xiii, 91
Forum for Professionals and Executives, 79
*The Fountain of Age* (Friedan), 111, 176
“Fourth Age,” 134, 185–186
frailty, 134, 186
Framingham Heart Study, 105
Frantz, Virginia Kneeland, 42
Freud, Sigmund, 49
Freund, Katherine, 171
Fried, Linda, 171–172
Friedan, Betty, 111, 132, 176
friendships, in life reviews, 9
future/presentness, Butler’s view of, 212–213
“future shock,” 180

*General Education in a Free Society* (Harvard report), 34, 36
general practitioners, decreased numbers of, 119
generational conflict, 153
*A Generation at Risk: When the Boomers Reach Golden Pond* (Butler), 21, 131
Generation Gap, 131
Generation X: and ageism, 196; at-risk, 133; compared with boomers, 168
Generation Y, and ageism, 196
Geriatric Clinical Demonstration Unit, at Mount Sinai Med. Ctr., 125
geriatric fellowships: at Mount Sinai Med. Ctr., 128, 137; at VA., 108
geriatricians, role of, 134–135
Geriatric Psychiatry Fellowship program, of VA, 108
geriatrics: expansion of, 118; in health-care arena, 137; history of, xiv; in medical education, 116, 117; at Mount Sinai Med. Ctr., 122–131; multidisciplinarity of, 117; negative views of, 184; promotion of, 118; scope of, x
“Geriatrics and Internal Medicine” (Butler), 116
Gerontological Society of America (GSA), 43, 77, 112
gerontologists, role of, 191
gerontology, ix, 100; comparative approaches to, 140; goal of, 160; history of, xiv; multidisciplinary connectedness in, 100; multidisciplinary work in, 105; research in, 205–206. *See also New Gerontology*
gerontophobia, 156, 195, 197
geropsychiatry, 47
Glenn, James, 129, 130
Glenn, Sen. John, 109, 140, 143, 159, 214
GOMER (Get Out of My Emergency Room), 44
“good death,” 18–19, 209
Grantmakers in Aging, 162–163
graying of America, 167, 180
grey lobby, 97
Gray Panthers, 111
Great Depression, xiii, 25; impact of, 26–31; in life reviews, 9
“Great Man Theory,” 175
Greengross, Baroness Sally, 144, 174
Greenhouse, Samuel W., 59, 61, 65
Group for Advancement of Psychiatry (GAP), 49, 71, 76
group psychotherapy, elderly in, 8
INDEX 259

Halamandaris, Val, 75–76
health: genetic basis of, 218; and longevity, 150–151
health care: continuum for, 157; and increasing longevity, 153; measures of outcomes for, 118
health-care professionals: advice for, 170; ageism among, 149; for aging population, 106–108; assumptions of, 2; mental conditions ignored by, 193; mental health workers, 7; in postwar America, 2–3
health disparities, global, 193
“health politics of anguish,” 104, 159
healthy aging, 200; and healthy environment, 194; key features of, 217; life span perspective on, 216; studies of, 199
healthy living, 166, 167
Heinz Award for the Human Condition, 172
hospice services, at Mount Sinai Medical Center, 124
Human Aging (NIMH) project, 58–60; central finding of, 65–66; continuous research seminar in, 61; essays in, 63–64; five-year follow-up analysis on, 73; participation in, 67; pilot study for, 61; Butler’s contribution, 62, 65–66; subjects of, 61–62, 65, 73; wrapping up of, 65
humanities, in life review, 6
human rights, global, 193

identity, sense of, 63
Ignatieff, Michael, 178
industrial-scientific revolution, and longevity revolution, 151–152
infectious disease, and longevity, 150
information technology, 215
“innovation gap,” 181
Institute of Medicine (IoM), 106; aging-related studies of, 107; Leinhard Medal awarded to Butler, 172; 2008 report, 137
institutional settings, aged patients in, 7
intentionality, in life review, 14
interdisciplinarity, x; Shannon on, 58
Interdisciplinary Geriatric Consult Team, at Mount Sinai Medical Center, 123
interdisciplinary programs, 180
intergenerational conflict, 157
International Longevity Center, U.S. Branch of (ILC-USA), 141; advisers to, 143, 144; Declaration of Rights of Older Persons proposed by, 146; support for, 143; tax-exempt status of, 142
International Longevity Centers (ILC), federation of, xiii, 111, 156, 162, 173, 195; and Butler’s priorities, 146; established around globe, 144–145; funding of, 169; origins of, 140; scientific conferences of, 145–146; survival of, 171
International Society of Reminiscence and Life Review, 11, 205
interpersonal relations, in human aging, 65
iTNAmerica, 171

Jackson, Hobart C., 80
Japan, 139; older population of, 141
Jewish Home and Hospital for Aged, 123, 124, 125, 128
John A. Hartford Foundation, 129, 136, 179
Josiah Macy Jr. Foundation, 41, 93
Jung, Carl Gustav, 15, 211
Kaiser Permanente Hospital, 56
Kase, Nathan, 129, 130
Katrina, Hurricane, xii
Katzman, Robert, 102, 103
Kennedy, Pres. John F., 54, 95
Kennedy administration, 94
Kety, Seymour S., 55–56, 57, 59
King, Martin Luther, Jr., 81, 82, 187
Kleyman, Paul, 111, 273
Koop, Surg. Gen. C. Everett, 110, 120, 144, 178
Kornetsky, Conan, 63
Krapp’s Last Tape (Beckett), 207
Kuhn, Maggie, 110, 152, 215
LaMarche, Gara, 162–163
Langley Porter Psychiatric Institute, 48–51
Lasker, Mary, 95, 96
Lazarsfeld, Paul, 36, 52
learning capacity, through life review, 205
Lederberg, Joshua, 37, 144
Lewis, Myrna I., 33, 80, 85, 86, 111, 112, 130, 152, 174; death of, 162; and life review therapy, 203; marriage to Butler of, 8, 89; professional relationship with, 72.
See also publications, by Butler and M. I. Lewis
liberal education, as key to postwar higher learning, 34
Liberal Education (Van Doren), 32
Liberty ships, 31
Libow, Leslie, 61, 123, 128
life expectancy: genetic basis of, 148; impact on economy of, 193–194; in Japan, 141; longevity and, 150
life review, xi, 2, 4, 14–15, 20, 21, 84; acceptance of, 1; asset-based approach to aging in, 3–4; Butler’s concept of, 191, 200; as continuing process, 202; criticisms of, 11–14; definition of, 13; evoking memories for, 8; goal of, 204, 208; historical references to, 5–6; importance of, 208–209; interdisciplinary adaptations of, 10–11; methodological issues, 12; mild form of, 204; modifications to, 7–10; moral dimension of, 16, 203; negative outcomes of, 5, 6; negative views of, 205; as ongoing process, 4–7, 15, 21; positive results of, 204; prologue or introduction to, 199; reflections on, 14–23; requirements for, 18; results of, 17, 204–205, 206–207; severe forms of, 204; as universal process, 13–14
life review, Butler’s, 199–218; early years, 201–202; future in, 218; the past in, 202–208; the present in, 211–216; self inquiry in, 17; transitions in, 216–218; validity of, 208–211
“The Life Review: An Interpretation of Reminiscence in the Aged” (Butler), 1–4, 200
Life-Review Interview Manual, 8–9
life review therapy, 203
“Life-Review Therapy: Putting Memories to Work in Individual
and Group Psychotherapy” (Butler and Lewis), 8
life span, maximum length of human, 149
literature, life review in, 6
living-history theater, life review in, 10
lobotomies, 51
Loeb, Robert Frederick, 42–43
longevity: fears of, 157; genetic basis of, 218; and health, 150–151; and life decisions, 191–192; research in, 151; strategies for, 157; themes associated with, 156
Longevity and Quality of Life (Butler), 153
“longevity dividend,” 154
longevity lobby, 160
The Longevity Prescription (Butler), 166–167
longevity revolution, xi, 17, 20, 22, 134, 155, 170; benefits of, 158; consequences of, 185; harnessing, 190; and industrial-scientific revolution, 151–152; negative view of, 186; origins of, 151; paradigm shift occasioned by, 157; and political action, 189; prescription for aging in, 197
The Longevity Revolution: The Benefits and Challenges of Living a Long Life (Butler), x, 155–157, 160–161, 182, 189, 190, 192, 196
longevity science, 100, 166–167, 183
Lowenstein, Jerold M., 43–44
Mahoney, Florence, 95, 96, 97, 98, 103
Maiden Muckrakers, 74–75
Mailman School of Public Health, Columbia University’s, 39, 171
Maletta, Rev. Gregory D. M., 79
Margolis, Lester, 53, 54
Marmor, Judd, 71, 88
marriage: to Diane McLaughlin, 41; to Myrna Lewis, 8, 89
Martha Stewart Center for Living, at Mount Sinai Medical Center, 129
mass media, gerontological insights in, 111. See also media
maturity: late, 191; and life review, 18
Maugham, Somerset, 6, 15, 205
Maynard, Robert, 70–71, 82
McAdams, Dan, 13
MD-PhD program, Butler’s proposal for, 125
media: Butler’s developing interest in, 71; focus on controversy of, 181; and funding for Alzheimer’s disease, 103; health-care delivery system in, 78; and ILC, 145; images of aging in, 182–183; information outlets for, 126; maintaining connections with, 111
Medicaid, 159; attacks on, 180–181
medical education: geriatrics in, 116, 117; at Mount Sinai Medical Center, 127
Medical Education in the United States and Canada (Flexner report), 39
medical research, basic, 39–40. See also research
medical school: ageism in, 84;
aging-related modules in, 108; Columbia University’s, 37. See also Physicians and Surgeons, Columbia’s College of
medical students: ageism of, 117; and geriatrics, 136
medical training, 39–40; geriatrics in, 168; medical faculty, 41–43
medical training, Butler’s: admission to medical school, 40–41; and interest in older adults, 44; internship, 43–44; in psychiatry, 44
Medicare, 83, 159; attacks on, 180–181; and elder care, 136; and gerontological research, 168
medicine: ageism in, American (circa 1980), 118–121; androcentric norms of, 119; longevity-oriented, 159; modern, 143; strengths, 118
memory: emotions and, 208; olfactory, 214; remote vs. recent, 207; senses involved in, 207; survival value of, 208. See also reminiscences
mental disorders, 192–193
mental health: research center focusing on, 48; role of federal government in, 47
mental health care, life review in, 205
mental-health services, in U.S., 51
Mental Health Study Act (1955), 54
mental illness: in postwar America, 49; prevalence of, 193
Metchnikoff, Elie, 60, 184
me-too generation, 180
middle class, and Great Depression, 26
Midlife Love Life (Butler and Lewis), 191
military service: U.S. Merchant Marines, 25; during World War II, 30–31
Miller, Richard A., 147, 149
Mills, C. Wright, 23, 52
minorities, mental-health issues affecting, 73
Modern Biological Theories of Aging (Butler et al.), 135
Modern Man in Search of a Soul (Jung), 211
Montaigne, Michel de, 15, 211, 216
Moody, Harry (Rick), 11, 144, 174
Moore, Bishop Paul, Jr., 82
Morioka, Shigeo, 140, 144
Moss, Sen. Frank, 75, 82
Mount Sinai Medical Center: Butler’s agenda for, 123–127; Dept. of Geriatrics and Adult Development at, xiii, 123, 169; ILC-USA at, 141, 142; information outlets of, 126; origins of, 122; turf battles at, 127, 129–130; union strike at, 122
Mount Sinai Medical Center, geriatrics at, 123; funding of, 129; support for, 130
Mount Sinai School of Medicine, 112, 122
multidisciplinarity, of geriatrics, 117
multidisciplinary research: in geriatrics, 116; at NIA, 104–105
multidisciplinary work: in gerontology, 100, 105; at NIH, 58
Murray, Margaret, 42
music, and memories, 207
Nader, Ralph, Group Report on Nursing Homes of, 75
Nagel, Ernest, 36
narrative vs. sound bite, 181
narrative discourse, in life review, 12–13
narrative therapy, life review in, 10
National Cancer Act (1971), 95, 96
National Cancer Institute, 93, 95
National Caucus [and Center] on Black Caucus (NCBA), 80
National Commission on Social Security Reform (1981), 109
National Council on Aging (NCOA), 79–80, 166
National Hospice Foundation, 207–208
National Institute of Aging (NIA), xiii; Alzheimer’s disease priority of, 192; Baltimore Longitudinal Study of Aging of, 105, 208; budget of, 113; Butler as founding director of, 70, 91–92, 98; congressional allocations to, 167; establishment of, 97–98, 171; ethical standards at, 105; fiscal constraints on, 99; mandate of, 99; multidisciplinary research at, 104–105; Neurology Section of, 102; Physiology of Aging Branch of, 102; politics at, 94; and research on aging, 92; research opportunities for, 100; and Social Security policy issues, 109
National Institute of Child Health and Human Development (NICHD), 94–95
National Institute of Gerontology, recommendations for, 96
National Institute of Mental Health (NIMH), 50, 55, 94; Butler’s move to, 56, 58–60; Center on Aging of, 94; human aging study of, 200; multidisciplinary breakthroughs at, 56–67; and research on aging, 93; team project at, 58–60. See also Human Aging (NIMH) project
National Institutes of Health (NIH), 50; Big Science at, 58; Center on Aging Research at, 93; health politics of anguish at, 159; intramural research of, 92; and NIA, 91; NIA established under, 97
National Mental Health Act (1946), 50, 76
National Retired Teachers Association—American Association of Retired Persons, 79, 96
national walking movement, 218
nature, elementality and beneficence of, 213
neoconservatism, 82, 113, 159
networks: building, 105; ILC, 145; reliance on, 143; social, 192–193, 217
Neugarten, Bernice, 77–78, 184
Neurobiology of Aging program, 102
Newell, Philip, 82
New Gerontology, xi, 189–190; and anti-aging programs, 150; health care in, 153; interdisciplinary scientific explorations in, 148–149; “longevity dividend” in, 154; longevity revolution in, 152, 158; paradigm for, 190; research priorities in, 146–147; research strategies in, 158
New York University, Mount Sinai affiliated with, 130
Nietzsche, Friedrich, 210
nihilism, institutionalized, 50
Nixon, Pres. Richard M., 97, 159
Nordhaus, William, 154
nostalgia, 205
novel, 200; compared with autobiography, 22, 209
nurse, and dying patient, 209
nursing home care, Senate hearings on, 76
nursing home patients, psychiatric treatment for, 76
nursing homes: oversight of, 74, 75; as residential settings for elders, 77; scandals, 88; teaching, 108, 128
nursing home study, R. Nader’s, 75
Oakland Growth Study (1930s), 26
obesity: longevity and, 150; problem of, 218
Occam’s razor, 107, 117
old age: in America, 197; potentials of, 3; reconstruction of, 195; social construct of, 156; studies of, 190
Old Age: The Last Segregation, 75
older persons, negative view of, 199
“old old,” 184
Osler, William, 43
Our Future Selves: A Research Plan Toward Understanding Aging (NIA), 100, 112, 113, 115
Paffenbarger, Ralph, 105
palliative care, life review in, 10
Paris, Barbara, 128, 144, 172, 174
Pepper, Rep. Claude, 83, 109, 140
Perlin, Seymour, 62
personality development, social-psychological context of, 52
Peterson, Peter, 180–181
pharmacotherapy, in psychiatry, 53
philanthropy, in late life, 215
Philolexian Honor Society, at Columbia University, 33, 38
physical activity, in healthy aging, 217
physician-patient relationships, 119
physicians: and dying patients, 209; geographic misallocation of, 120
Pindar, 216
Planned Parenthood of America, 111
Plato, 214
policy making, 67; old-age, 77
political activism, 72–73; and Civil Rights movement, 73; for nursing home care, 74–77; old-age policy making, 77; of 1960s, 82
politicians, and longevity revolution, 152
politics, 67, 81; of Butler, 81–83, 167, 177–178
poor, aged, 120
popular discourse, 179
population aging, 171; consequences of, 137, 180; cultural studies of, 141–142; global trends in, 181; in Japan, 141
Porter, Langley, 48
poverty: old-age in metropolitan areas, 171; poverty index, 171
power brokers, Butler connecting with, 108–112
presentness: capacity for, 213; experience of, 214; in life review, 211–216; therapeutic use of, 19, 212
productive aging, x, xi, 131, 181, 200; cognitive behavior theory in, 134; gray and green nature of, 193; policies for, 132; research on, 133; Salzburg Seminar on, 131, 132, 139, 140; scientific perspectives on, 132
Productive Aging and Role of Older People in Japan (Bass), 141
Productive Aging (Butler et al), 134
productivity, issue of, 139
professional apprentice, Butler as, 48
“Prologue or Introduction to Life Review,” 14–16, 19–20, 199–218
“Psychiatric Aspects of Adaptation to Aging Experience” (Perlin and Butler), 63
psychiatric treatment, for nursing home patients, 76
psychiatry: biological, 55;
breakthroughs in, 49–50; Butler’s practice, 69, 71–72; paradigm shift in, 48–51; pharmacotherapy in, 53;
psychodynamic approaches in, 50, 72; after World War II, 47
psychopharmacology, 48; at Langley Porter Psychiatric Institute, 51, 53;
NIMH multidisciplinary conference on (1956)
psychotherapy groups, age-integrated, 72
public: consciousness about aging of, 83; and interest in Alzheimer’s disease, 101. See also media
publications by Butler, 131; “Ageism: Looking Back Over My Shoulder,” 196; Aging and Mental Health, 88;
“The Aging Factor in Health and Disease: The Promise of Basic Research on Aging” report, 135;
“Aspects of Survival and Adaptation in Human Aging,” 73; “The Façade of Chronological Age,” 65, 66; A Generation at Risk: When the Boomers Reach Golden Pond, 21,
131; “Geriatrics and Internal Medicine,” 116; Human Aging (NIMH), 38, 148; “The Life Review: An Interpretation of Reminiscence in the Aged,” 1–4, 200; Life-Review Interview Manual, 8–9; Longevity and Quality of Life, 153; The Longevity Prescription, 166–167; The Longevity Revolution, x, 155–157, 160–161, 182, 189, 190, 192, 196;
Why Survive? Being Old in America, xii, 21, 27, 69, 83, 86–89, 155, 156, 178, 197
publications, by Butler and M. I. Lewis, 8; Aging and Mental Health, 85–86, 88, 112, 192; “Life-Review Therapy,” 8; Midlife Love Life, 191; Sex After Sixty, 111–112, 191
publications, contributed by Butler:
Productive Aging, 134; Productive Aging and Role of Older People in Japan (Bass), introduction to, 141
public intellectuals, 176, 177; defined, 178; in postwar America, 177
Pulitzer Prize (1976), Butler awarded, 88
purpose, sense of, in healthy aging, 217
quality of life: for institutionalized elders, 75; in life review, 4

racism, 73, 80
Rappeley, Willard Cole, 41
Reagan administration, 112–113
“Recall and Retrospection” (Butler), 200
The Red Book (Harvard study), 34, 36
reflection, in late life, 215
rehabilitation, importance of, 74
religion, and dying, 211
reminiscences, 203; early characterizations of, 3; in late life, 2, 215; negative view of, 3, 199; positive value of, 6–7; professional views of, 2, 3. See also life review
research: aging and longevity, 158; applied, 92; benefits of, 92; and health-care costs, 100–101; and New Gerontology, 158; at NIA, 98–101
research, aging, 92, 99–100, 135, 175, 183; Alzheimer’s disease, 101–106; biomedical investigations in, 149; early efforts, 93–94; at Mount Sinai Medical Center, 124; in New Gerontology, 148, 149; at NIA, 92, 93, 100, 104–105; at NIMH, 58–60, 93, 200; subjects for, 160
research, basic, 92; on aging, 100; importance of, 135; investment in, 135
Research on Aging Act (1974), 91, 106, 115
residency program, Butler’s: at Chestnut Lodge, 56–57, 70, 73; completion of, 56; at Elmhurst, 123
residency programs, geriatric rotations in, 118
restitution capacity, 85
retirement, and age, xi, 110
Robert Wood Johnson Foundation (RWJF), 120, 128–129
Rogers, David, 120
Rogers, Rep. Paul G., 96, 109
role models, elders as Butler’s, 28
Rose, Dr., 28, 29, 201–202
Rowe, John Wallis, 124, 129–130, 137, 172, 174, 185
Salzburg Seminar (1983), 131, 132, 139, 140
Schecter, Mal, 128, 132, 144, 174
schizophrenia, chlorpromazine in, 53. See also mental health
Schopenhauer, Arthur, 16–17, 18, 202
science, basic, 50, 55. See also research, basic
science, longevity, 152, 153
“second childhood,” notion of, 214
self-esteem, and Great Depression, 26
self representations, in life review, 208
senescence: and chronological age, 106; early study of, 60; fallacies about, 99; at NIH, 93; oxidative damage in, 146. See also aging
serenity, through life review, 204
Sex After Sixty (Butler and Lewis), 111–112, 191
Shannon, James A., 50, 58, 93–94, 95
Shock, Nathan W., 59, 93, 98, 105
“shortevity,” 181–182
Simon, Alexander, 51, 52, 54
Singer, Margaret Thaler, 63
Smith, James P., 154
smoking, and healthy aging, 217
social networks: in healthy aging, 217; receding, 192–193
Social Security, 159; attacks on, 180–181; creation of, 171; financing of, 180; and NIA, 109
Social Security Act (1935), 50
social-work practices, life review in, 10
Society of Reminiscence and Life Review, International, 11, 205
Sokoloff, Louis, 59, 65, 72
specialists, dominance of, 119
specialization, premium on, 180
specialties, numbers of medical, 119–120
sponsoring, in late life, 215
stereotypes, of age and aging, x, xii, 200
Stieglitz, Edward, 93
stress, in healthy aging, 217
substance abuse, 192–193
Successful Aging (Rowe and Kahn), 185
suicide: depression and, 192; F. Nietzsche on, 210; social context for, 210
superpower, U.S. as, 33
support system, in healthy aging, 217
Svanborg, Alvar, 132
symptoms, of aging body, 117
“talking heads,” compared with public intellectuals, 178
taxation, in healthy aging, 218
Teacher in America (Barzun), 33
teaching hospitals, 121
teaching nursing homes, 108, 128
technology: and dying, 209; information, 215
Third Age, 184
Third Age universities, 215
Thomas, Lewis, 92, 97, 102, 123, 178
Tolstoy, Leo, 208, 216
Toward an Independent Old Age: A National Plan for Research on Aging (Butler), 112
Tower, Donald, 102
Townsend, Claire, 74–75
training programs: in geriatrics, 115; at Mount Sinai Medical Center, 125–126; at NIA, 98–101, 106
turf battles, 191
Tuskegee syphilis scandal, 105
United Kingdom, geriatrics in, 118
United States: anti-intellectualism in, 179; old age in, 197; postwar culture of, 179–180; senior centers in, 217
universal process, life review as, 13–14
Veterans Administration (VA), 107–108, 136
Vietnam, U.S. involvement in, 81, 195
Vineland, N. J., xiv, 27
violence, in America, 210
volunteering, in late life, 215
Washington, D.C., Butler’s years in, 70–72
Washington School of Psychiatry (WSP), 57, 70–71
Washington University’s George Warren Brown School of Social Work, symposium at, 133–134
Webb, Anthony, 155
Weinberg, Jack, 76–77
well-being, in late life, 170–171
Wellness Clinic, Butler’s proposal for, 125
Wetle, Terrie “Fox,” 83, 174
White House Conference on Aging:
1961, 95; 1971, 85–86, 96
Why Survive? Being Old in America
(Butler), xii, 21, 27, 69, 83, 86–89, 155, 156, 178, 197
women: in BLSA, 105; and longevity, 152; on medical faculty, 42; in medical schools, 119
women’s movement, 176
Woodward, Kathleen, 4, 174
workforce, aged, 109–110
World Cities Project, 145
World Health Organization (WHO), 111
World War II: in life reviews, 9; military service in, 30–31; psychiatry after, 47; and societal aging, 169
Yarborough, Sen. Ralph W., 95, 96
Yarrow, Marian, 59–60, 63, 65
“young old,” 184