1. WHAT DOES IT MEAN TO BE TRANSGENDER?

1. I first did this exercise during an educational training at the YES Institute in Miami, Florida, in January 2009. See http://www.yesinstitute.org.
2. SEXUAL ORIENTATION VERSUS GENDER


3. COMING OUT AS TRANSGENDER

8. Ibid., 150.
11. Ibid., 12.

4. TRANSITION

1. Autumn Sandeen, personal interview, July 9, 2009.
4. Ibid.
6. Ibid., 113.
9. Ibid., 118.
15. Ibid.
5. THE HISTORY OF TRANSGENDERISM AND ITS EVOLUTION OVER TIME


7. Ibid., 169.
8. Ibid., 155.
14. Patricia Gherovici, *Please Select Your Gender* (New York: Routledge, 2010), 221;
17. Ibid., 286.
20. O’Connell, *Dr. Money and the Boy with No Penis*.
21. Ibid.
23. Ibid., 141.
24. O’Connell, *Dr. Money and the Boy with No Penis*.
26. O’Connell, *Dr. Money and the Boy with No Penis*.
29. Ibid., 79–80.
30. Meyerowitz, How Sex Changed, 149.
34. Stryker, Transgender History, 119.
36. Stryker, Transgender History, 120.
38. Ibid., 27–28.
39. Ibid.
42. Antony Thomas, Middle Sexes: Redefining He and She (HBO Films, 2005).
48. Ibid., 79.
49. Sabine Lang, Men as Women, Women as Men: Changing Gender in Native American Cultures (Austin: University of Texas Press, 1998), 113.
6. TRANSGENDERISM AS A MENTAL HEALTH ISSUE


5. Ibid.


8. This diagnosis was in draft state when this book was published; therefore, it was speculated that these changes would occur in the 2013 publication of the DSM-5, but the changes could not be confirmed.

10. Ibid.
11. Ibid.
12. Ibid.
13. Ibid.
14. Ibid.
18. There are people who may have borderline personality disorder and GID simultaneously; the same goes for dissociative identity disorder or other mental illnesses as well. In this section, I only discuss those who are screened to make sure that they have GID and not a different condition.
24. Hembree et al., “Endocrine Treatment of Transsexual Persons.”
7. DISCRIMINATION


8. LESSER-KNOWN TYPES OF TRANSGENDERISM

1. This is from an exercise at YES Institute, 2009, http://www.yesinstitute.org.


6. Ibid., 22.


8. Ibid., 82.

9. Ibid., 1.


19. Ibid., 404.


22. Daniel Harris, Diary of a Drag Queen (New York: Carroll and Graf, 2005), vii.


24. Ibid.

APPENDIX A: GLOSSARY


3. Ibid.


7. Ibid.


10. World Professional Association of Transgender Health, The Standards of Care for Gender Identity Disorders, 6th version (Minneapolis: WPATH, 2005).