accidental deaths, 5, 59, 68, 103, 170
Acholi people. See Ugandan civil war
ACLU (American Civil Liberties Union), 48–49
activity groups, 231–234
acts of God, 59, 61, 92
acute stress disorder, 95
affective strategies, 259
African Americans: Katrina predisaster conditions of, 9, 65–66, 149; New Orleans vs. Mississippi aid, 79; racial profiling of, 16, 65–66, 76, 147–148; Turners Falls, Massachusetts, 77
afterlife, 109
agency vs. fate and karma, 19–20, 20, 53, 66, 115
“Aggression to Reconciliation, From” (Botcharova), 260, 261
airplane crashes, 40. See also 9/11
Albania, 195–196
Alfred P. Murrah Federal Building bombing, 103, 292–293
ambiguous loss, 108, 284
American Red Cross (ARC), 11, 33–37, 41, 165, 167, 199
amygdala, 21, 89
ancestors, 20–21, 104, 120
anger: and human-caused disaster, 63; managing, 244–245; ventilation, 20, 166, 221, 234, 245
anniversaries, 45, 294–295
appetite, changes in, 91–92
ARC (American Red Cross), 11, 33–37, 41, 165, 167, 199
armed conflict: as complex disaster, 61–62; effect on women, 138–139, 214; ongoing nature of, 26, 58, 62; rupture of attachment, 99. See also Gacaca; Tamils; Ugandan civil war
Armenian holocaust, 257
artwork, 45, 145, 235, 294
ASD (acute stress disorder), 95
Asian tsunami (2004): Banda Aceh, Indonesia, 37, 272; clergy response to, 35; fatalities by gender, 9; Sinhalese, 9–10, 43–44. See also Sri Lanka and 2004 Asian tsunami
authority, views of, 53
autonomic nervous system, 88
autonomous action, 53
avoidance, 94–95, 234, 240, 242
Balinese culture, 20
Banda Aceh, Indonesia, 37, 272
Barbour, Haley, 79
BASIC Ph model, 86
battle fatigue, 39
beauty, experience of, 114, 235, 244–245, 289, 294
behaviorally oriented strategies, 172–175, 259
behavioral responses, 87, 91–92, 188
Beichuan, China, 52
bereavement. See grief and bereavement
Bhopal, India, 39
Biloxi, Mississippi. See Vietnamese and Hurricane Katrina
biophysical reactions, 12, 88–89, 105, 221
blizzards, 58–59
bodies, handling of, 108–109, 231, 279, 284–285
body scans and awareness, 27, 83–84
bonding, 124
Boston, Massachusetts, 6, 40
Botcharova, Olga, 260, 261
boundaries: between family and nonfamily, 100–101, 118; group, 224–225, 252, 255; responder need to set, 162, 209, 306, 313
brain structures and processes, 21–22
breathing exercise for mindfulness, 30–31
bridging, 124
British Petroleum Gulf Coast oil spill, 323
Buddhism, 235
Bryant-Davis, Thema, 234, 243
Bush, George W., 81

cadres, Chinese, 36, 52
Cambodia, 291–292
Caplan, Gerald, 40
car accidents, 5, 59, 68, 103, 170
caretakers, relationship with children, 26
cascading effects of disaster, 72–73
catastrophe vs. disaster, 4, 62–63
catastrophic thinking, 173, 255
causal factors, 70–71
CAW (Children and War Foundation), 36, 144, 236, 240–241
CBT (cognitive behavioral therapy), 13, 97, 172–174, 220, 229, 242
CISM (critical incident stress management), 172–174
clarity vs. clarity, 4
Challenger (film), 44
China: one-child policy, 52; presence of ancestors, 21. See also Wenchuan earthquake (2008)
chronic PTSD, 95
circles of vulnerability, 73–75
CISD (critical incident stress debriefings). See debriefings
CISM (critical incident stress management), 164–172
civil engineers, 33
clergy, 34–35
clinical personnel, 33–34, 50–51
Clinton, Bill, 191, 217
closure, 287
clusters of reactions, 86–87
Coconut Grove nightclub fire, 40
Coeur d’Alene Indians, 120
cognitive activities, 259
cognitive behavioral therapy (CBT), 13, 97, 172–174, 220, 229, 242
cognitive impact, 89–90
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201
collaborative planning/assessment, 200–201

---

index
complex communities, 75–77
comprehensibility, 115
concentration, 89
coding conflict and transformation, 257–
261
connectedness, promoting, 27–28, 128–129,
192, 217–258, 286–287
construction workers, Ground Zero, 6, 96,
210–212
consultation and supervision (in PCB), 208–
209
context of disaster, collective, 5–7, 93
contracting, 226
coordination of disaster responders, 58–47,
179–181, 196–197
Corbin, Joanne, 214–216
cortisol, 88, 131
creative anarchy, 288–289
crises of faith, 92
crisis intervention, 10–11, 40–41, 163–164
critical incident, 4–5, 304–305
critical incident stress debriefings (CISD).
See debriefings
critical incident stress management (CISM),
164–172
cross-cutting identities, 258
cultural relativism, 251
culture: and critique of disaster mental
health, 49–54; cultural responsiveness (in
PCB), 15–16, 197–198; Dominican Ameri
can response, 285; grief and bereavement,
108–109, 231; lack of Katrina memorials,
290; and physical responses, 88–89; recon
necting with sources of strength, 239–240;
talking negatively, 20, 50; of uniformed
responders, 96
cumulative stress, 95
dancing and singing, 110, 143–144, 231–233,
237–239, 294
death, cultural meaning of, 108–109
debriefings, 165–170; conducting of, 178–
181; efficacy of, 49, 156; facilitation, 185–
186; information sheet, 187–189; in the
1980s, 11; oriented toward uniformed re
sponders, 54, 47, 52; process, 182–184
declarative memory, 21
defusing, 170
dehumanization, intergroup, 257–258, 260
delayed-onset PTSD, 95
Department of Homeland Security (DHS), 35
dependency, 17
depression, 90, 95, 106
detachment, feelings of, 88–89
Deutsch, Morton, 253
developmental stage and resilience, 114–115,
141
DHS (Department of Homeland Security),
35
Diagnostic and Statistical Manual of Men
tal Disorders, 39
D’Iberville, Mississippi, 90, 104, 160
disabilities and vulnerability, 146–147
disaster: assumptions about nature of, 57–60;
consequences of, 71–73; contingencies of
disaster categories, 65–66; defined, 1, 2–4,
7, 57–58, 67–68; dimensions of, 60, 68–
82; emotional response by category of, 63;
types of disasters, 61–63
disaster capitalism, 66
disaster distress (DD), 300–301, 305–307
disaster impact phase, 42
disaster mental health, 10–11; critiques of
model, 46–54; origins of, 38–41; and
psychosocial capacity building, 12, 17–21;
responses offered, 41–46
discourses. See narratives
disempowerment, sense of, 60, 103
disillusionment phase, 43
dissociation, 38
divergent cultural orientations, 20
Doctors Without Borders, 36, 198
Dominican American plane crash (2001),
285
drinking, 92, 93
drug use, 92, 93
duration of disasters, 6, 69–70
East Timor, 266
economics: disaster-caused recession, 64;
linking with emotions, 51; recovery and
psychosocial healing, 203–204
education (in PCB), 204–205
Ekman, Paul, 105
elderly, vulnerability of, 65, 144–146
EMDR (eye movement desensitization and
reprocessing), 236, 237
emergency vs. disaster, 4, 62
emotions: common reactions to disaster,
90–91; and construction of meaning, 91;
emotional contagion, 156, 196; emotional
memory, 21; linking economics with, 51;
resilience linked to positive, 117–118

Downloaded from cupola.columbia.edu
INDEX

empathic engagement, 312–313
empowerment: activities to foster, 238–239; of indigenous people (in PCB), 15; of women, 139
EMS teams, 34, 35, 41, 167
enlightenment, 259, 276
essential elements of disaster response, 24–29
ethical standards, 193–199, 217, 251
ethnic cleansing, 62, 66, 254
exercises/outdoor activities, 131–132, 236, 242, 314
eye contact, 54–56
eye movement desensitization and reprocessing (EMDR), 256, 257
facilitation and participation, 225–226
family: challenges and stresses in disaster, 119; extended, 100; family therapy, 44, 120; resiliency, 118–122; social groups, and communities (in PCB), 14; as a system, 99–102
FEMA (Federal Emergency Management Agency), 33, 35, 72
feng shui, 109
fight-or-flight response, 88, 90, 91
Figley, Charles, 303
flashbacks, 21, 80, 94
flooding, emotional, 144, 168, 196, 235, 242
floods, 39, 69, 72, 78, 103
Fonfreade, Haiti, 110, 293
footprint as disaster criterion, 2, 57
Frankl, Viktor, 40
Fukushima Daiichi nuclear disaster, 39, 64, 171, 323
full participation, 194–195, 226
Gacaca, 267–272
gang violence, 67, 69
gender: in psychosocial capacity building, 16; social targeting, 63–64; of 2004 tsunami fatalities, 9. See also women
generalizable vs. unique axis, 18
genocide, 62, 254, 267–272, 291
Giffords, Gabrielle, 288–289
Gilliland, Burl E., 40
girls, 141–142, 214
Glasser, Ira, 48–49
Goldstein-Bolocan, Maya, 269, 271
Goureividad, Phillip, 270–271
Green Cross, 34
grief and bereavement, 105; bodies, handling of, 108–109, 231, 279, 284–285; consider-
Ground Zero (9/11) construction workers, 6, 35, 96, 210–212
group/collective identity, 231–256
groups: types of, 228–233; working with, 222–227, 275–281
group survivorship, 108, 110, 284
group-think, 255
Guernica painting (Picasso), 294
guided imagery, 27
guides to recovery, outside experts as, 51, 222
guilt and shame, feelings of, 28, 90, 95, 108, 131, 243
Gulu, Uganda, 214–215. See also Ugandan civil war
Haiti 2010 earthquake: aid controversy, 37, 80; effect of epicenter location, 124; grief and bereavement, 110, 230, 231, 285; lack of predisaster resources, 123, 148–149, 244; memorializing projects, 293; schools/teachers, 140–141, 143–144, 231–233
Halpern, J., 86, 105, 107
Hanwang, China, 46, 52, 292
healers, traditional, 54–55, 50
healing, 115, 129, 153, 157–161, 192–193, 203–204, 205, 217, 245, 248, 249, 251, 259–260, 287; of community, xvi, 176, 222, 298; environment and, 114; and ethics, 288; through groups, 222–223; through intergroup reconciliation, 272, 277–278; and justice, 262–266, 325; through memorializing, 45, 294; and safety, 270; self-healing, 12, 14–15, 21–22; symbolic, 130, 191; Western vs. non-Western views of, 53
heat waves, 64–65
helping while not hindering, 323–326
helplessness, 95, 104, 258
help-seeking behavior, 93, 220
hierarchy of needs, 40, 42
Hindus, 9, 50, 132
Hobfoll, Stevan E., 24, 26–29
INDEX 353

Holocaust, World War II Jewish, 155, 257, 286, 292
Holocaust Memorial Museum, 286, 292
homeostatic balance, 40
honeycomb phase, 42, 199
Hong Kong, China, 109
Hooyman, Nancy R., 107
hope, instilling, 28–29, 43, 81, 125, 239
horizontal consequences, 103
HPRT (Harvard Program in Refugee Trauma), 74
human-caused disasters, 61
humanizing, 260
Hurricane Katrina: access to a car, 78, 149;
differing resources in Louisiana and Mississippi, 79; effect on poor and people of color, 65, 76, 77, 275; English-speaking ability, 78, 101; FEMA and, 35; five years later, 44; incompetence of response, 43, 81; loss of connectedness, 28; loss of places and things, 90; memorialization attempts, 290; memorialization of 9/11 during, 45–46; New Orleans, Louisiana, 9, 16, 38, 44, 65–66, 149, 272; people withdrawing like “turtles,” 91; predisaster conditions, 38, 65, 149; separation of family members, 103; toxic wastes from, 39. See also African Americans; Vietnamese and Hurricane Katrina
Hutu, 267–272
hyperawareness, 89
hypervigilance/hyperarousal, 39, 88, 91, 95, 229, 241–242
hysteria, 38
IASC (Inter-Agency Standing Committee), 14, 18–19, 19, 51–52
iatrogenic effects (in PCB), 17
ICISF (International Critical Incident Stress Foundation), 11, 34, 41, 167–169
identity, group, 251–256
indigenous people empowerment (in PCB), 15
individuals: vs. collective suffering, 5–6, 113;
impact on, 86–87; individual recovery (in disaster mental health), 13, 51–53; in intergroup conflict, 258
individuation, 52
informed consent, 195
infrastructure, damage to, 124
installations, 45, 129–130, 286, 289, 290, 298
institutional racism, 79
insurance, 48, 72, 78, 123, 150, 220
integrated approaches, 17–23
interconnectedness, psychological and social, 21–22, 27
intergroup conflict, 247–248; collective grieving and mourning, 278–279; dynamics of, 251–256; Gacaca, 267–272; human rights, 249–251; and in-group pride, 276; interacting and forming relationships, 275–278; leadership, 279–281; overarching goals, 274–275; PCB and, 272–274; recovering from, 249; resolving, 256–262; restorative justice, 262–266; truth commissions, 266–267
internally displaced persons (IDP), 62, 104
International Crisis Group, 10
International Critical Incident Stress Foundation, 11, 34, 41, 167–169
International Organization for Victim Assistance, 11
intervention pyramid, 18–19, 19
intrusive thoughts, 94, 241
investment, personal, 312
IRC (International Red Cross), 36, 198
isolation: cultural, 148; elderly and, 65, 145; professionals and, 303, 307, 315, 318; as result of racism and poverty, 67; from scattered evacuations, 72; social, 28
Italy and Vaiont Dam disaster, 64
James, Richard K., 40
Japan earthquake/tsunami (2011), 39, 64, 109, 323
Japanese Americans, 199, 251
Jewish holocaust, 155, 257, 286
justice, restorative/retributive, 108, 262–269
Kabat-Zinn, Jon, 83
Kaniasty, Krzysztof, 5, 77
Kanyangara, Patrick, 251
Kanyangara, Patrick, 251
Khamara, 19–20, 20, 50, 53, 66, 90, 109, 115
Katrina. See Hurricane Katrina
Khmer Rouge, 291
Korean War, 39
Kramer, Betty J., 107
Kübler-Ross, Elisabeth, 106
Landau, Judith, 103
Latin America, 266
Lederach, John Paul, 257

Downloaded from cupola.columbia.edu
Liberation Tigers of Tamil Eelam (LTTE), 9–10, 20, 44, 78
Lindemann, Erich, 40
linking, 124
Little Saigon (Biloxi, Mississippi), 72–73, 78
local indigenous vs. outside experts, 18, 126–127, 151, 222
locus coeruleus, 89
London, England, 6
long-term adaptation phase, 43–44
long-term stress disorders, 95
Lord’s Resistance Army (LRA). See Ugandan civil war
loving-kindness meditation, 111–112
Lower Ninth Ward, 9, 65–66
LTTE (Liberation Tigers of Tamil Eelam), 9–10, 20, 44, 78
MADD (Mothers Against Drunk Driving), 45
manageability, 115
mapping, 75, 201, 273
Maslow, Abraham, 40, 42
Masozera, M., 77
mato oput, 150, 240
McKenna, S., 106–107
meaning, construction of: in different cultures, 89, 91, 98; by the elderly, 145; faith and, 92; within families, 100–101; as part of psychological capacity building, 192–193; through religion, 116; by responders, 315; transcendent meaning, 131–132; Viktor Frankl on, 40. See also narratives of disaster
meaningfulness, 115–116
medicalization, 14–15
meditation, 22, 27, 29, 242
Megan’s Law, 293
memory, declarative vs. emotional, 21
mental health industrial complex, 48
meta-categories, 258
military as first responders, 33
mindfulness and meaning for responders, 315
mindfulness exercises, 27, 132; body scan, 83–84; breathing, 30–31; compassion for a difficult person, 281–282; good things happen, 135; loving-kindness meditation, 111–112; meditating on joy, 246; meditation on assets, 218–219; meditation on stereotypes, 152; mirroring and unmirroring, 318–319; personal space and eye contact, 54–55; sources of strength, 298–299
mirror neurons, 30
Mississippi. See Vietnamese and Hurricane Katrina
Mitchell, Jeffrey, 41
moral imagination, 288
Mothers Against Drunk Driving (MADD), 45
multilayered support, 196–197
Mumbai, India, 6
Murrah Federal Building bombing, 103, 292–293
mutual aid and self-help groups (in PCB), 15
narratives of disaster, 8; collective, 80–81, 223, 290–291; conflicting, 275–276; in disaster mental health vs. capacity building approaches, 15; discourses of response and recovery, 155–157; and emotional expression, 234–235; historical-cultural/mythical, 255–256, 272–273; in recovery phase, 43; and resilience, 120; Rwandan genocide, 267–268; telling and sharing stories, 129–130; war and armed conflict, 252–253
National Organization for Victim Assistance, 11
Native Americans, anglicized boarding schools for, 130
natural disasters, 61–65
neurological processes, 21–22
neutrality, 134, 199, 273–275
Newark, New Jersey, 6
New Orleans, Louisiana, 9, 16, 38, 44, 65–66, 149, 272
New York City. See 9/11
NGOs (nongovernmental organizations), 33, 36–37, 198
nightmares, 91
9/11: cohesiveness of community response, 76–77, 81, 204; collaborative PCB after, 210–214; duration of, 6; firefighter survivor guilt, 308–309; George W. Bush and, 81; Ground Zero construction workers, 6, 35, 96, 210–214; loss of physical objects/surroundings, 90; meaning-making after, 92; memorialization of, 45–46, 110, 293, 294; overuse of ARC debriefing model, 41, 167–168; physical flashbacks, 21, 89; PTSD following, 11; public vs. private effects of, 5–6; religious responses to, 35, 92; treatment of Arabs/Muslims, 77
nondisasters, 66–68
nonlinearity, 19, 44–45, 50
noradrenergic pathway, 89
“normal” reactions, 86
Norris, Fran, 5, 77
Northern Ireland, 251–252, 258–259, 276
nuclear disasters, 39, 62, 64, 171, 323
number affected, as disaster criterion, 5
numbness, feelings of, 28, 71
Nuremberg trials, 263, 268

obsessive-compulsive thinking, 89
Ochberg, Frank M., 107
Oklahoma City bombing, 103, 292–293
oppression, sense of, 253
organizational issues, 317–318
organizational responsiveness, 198–199
other/out-group, 254
out-of-body experiences, 88
outside vs. local indigenous experts, 18, 126–127, 151, 222
Oxfam, 36

pandemics, 64
parenting, 102
partnerships, 126–127
past, loss of connections with, 103–104
pathology (in disaster mental health), 13
PCB (psychosocial capacity building): activities, 190–210; compared with disaster mental health, 12, 14–17; defined, 191; essential principles of practice, 321–322; goals of, 191–193; implementing, 157–161, 190–191; and intergroup conflict, 272–281; after 9/11, 210–214; in Northern Uganda, 214–218
peace and reconciliation workers, 37–38
peace building, 258–259
peer support for responders, 13, 165–169, 178, 212–213, 313–314
personal agency, 53
Personal Quality of Life Scale, 310–311
personal space, 54–56
personhood, 23–25, 25
phase theories of grief and bereavement, 105–107
phenomenology of disasters, 85
photographs of deceased, 109
physical impact, 87–89
Picasso, Pablo, 294
places and things, loss of, 90, 102, 160
plasticity, neurological, 22
play therapy, 44
police brutality, 67
positioning and neutrality, 272–274
positivity ratio, 310
post-traumatic stress disorder. See PTSD (post-traumatic stress disorder)
poverty: disproportionate effects from, 63, 65, 77–78; fewer government funds, 79; as hindering resiliency, 115, 123; as social disaster, 67
predisaster: inequities, 17, 63; preparation stage, 42, 70–71
prefrontal cortex, 21, 88
private tragedy vs. public disaster, 3
process, disaster as, 7
professional clinicians, reliance on, 50–51
Providence College (Rhode Island), 292
psychoeducational groups, 228–229
psychological first aid (PFA), 161–163, 200
psychology: psychoeducation, 27; psychological consequences (in disaster mental health), 12, 48; Western dominance in, 47–48, 53, 99, 325
psychosocial capacity building. See PCB (psychosocial capacity building)
PTSD (post-traumatic stress disorder): acute vs. chronic, 95; cortisol levels in, 88; delayed onset, 95; DSM listing, 39, 94; after 9/11, 11; prevalence of, 97–98; secondary, 96–97; techniques to counter, 27; treatment, 97
public dimension as disaster criterion, 3, 59, 66
public health workers, 35
Puerto Rico, 55–56
qi, 109
quilts, 45
race, ethnicity, and class (in PCB), 16
racism: as impeding rescue efforts, 65–66; institutional, 79; profiling, 252; in psychology, 48; as social disaster, 67; and vulnerability, 147–152
Rao, K., 190–200
rape. See sexual abuse/assault
rap songs, 232–233
Reagan, Ronald, 81
“realistic” threats, 253
realm of ordinary experience, 3
recoil phase, 42
reconciliation, 248, 256–261

Downloaded from cupola.columbia.edu
INDEX

recovery phase, 43
recreational activities for responders, 314
refugee/IDP camps, 16–17, 37, 128, 147
reincarnation, 109
relaxation activities, 236–237
religion: Buddhism, 50, 116, 126, 174, 177;
challenge of natural disaster, 108; crisis of
faith, 92; Hinduism, 9, 50, 132; and hope,
29; and meaning-making, 92, 100–101;
presence of ancestors, 20–21, 104, 120;
reliance on, 50; role of Gods and spirits,
53
rescue, response, and recovery efforts, 80–82
resiliency: children, 142–143; community,
122–125; family, 118–122; how to foster,
125–135; individual, 114–118; in psychosocial
capacity building; sense of safety needed for, 25–26; and tangible resources,
79–80; vs. trauma emphasis, 11
resolution, 256–261, 287
resourcefulness, 115
resources: building on available, 194, 196;
collective, 72–73, 76, 123; competition for,
252–253; economic, 202–203; intergroup
competition for, 253; internal, 114; mapping,
201; poverty and race and, 63–65,
122, 148–150, 324–325; predisaster, 23, 77–
80, 196; social, 99, 115
responders, 33; Chinese cadres, 36, 52; ef-
fects on, 96; exit strategy for, 209–210;
firefighters, 5, 45–46, 68, 156, 308; friends/
family of, 301; maintaining connections,
315–316; and 9/11, 5; prevention/ameliora-
tion of risks, 310–317; risks and vulner-
ableties to, 302–309; special issues for,
See also debriefings
restorative justice, 262–269
retributive justice, 108, 262–269
reunions, commemorative, 294–295
rewiring, brain, 22
rhythmic activities, 237
rituals, 104, 105, 294; bedtime, 241–242; bod-
ies, handling of, 108–109, 231, 279, 284–
285; mato opul, 130, 240; memorializing,
singing and dancing, 232–233, 239, 294.
See also grief and bereavement; memo-
ralizing
Roberts, A. R., 40
Rosenfeld, L. B., 2–4, 57, 73–75, 86
rumination, 89
Rwanda, 267–272
Rwandan Patriotic Army (RPA), 268, 270
safety: promoting a sense of, 25–26, 235–236;
recursiveness of, 158–159
Salgado, Sebastião, 291, 294
Save the Children, 36, 108
scale of disaster, 2, 4, 68–69, 103
schools, importance of, 102, 140–141, 144,
232, 240
Seattle, Washington, 110
secondary traumatic stress disorder, 304
self-audits, 310–317
self-calming, 131–132
self-care, 229, 243, 300–301
self-esteem, group, 254–255
self-healing, 14–15, 21, 26
self-help groups (in PCB), 15
self-sufficiency, 102
Seligman, M. E. P., 117
September 11, 2001 attacks. See 9/11
sexual abuse/assault: as analog for disaster-
induced trauma, 27; cultural interpreta-
tions of, 24, 62, 137–138; Megan’s Law,
293; in refugee camps, 62, 137–138; in
Ugandan conflict, 214
shame, 28, 90, 95, 108, 131, 243
Shanksville, Pennsylvania, 6
Shaw, R., 129
shell shock, 58–59
short-term adaptation phase, 42
shrimp fishers (Hurricane Katrina), 58
shrines, 110, 130
Sierra Leone, 266
singing and dancing, 110, 143–144, 231–233,
237–239, 294
Sinhalese and 2004 Asian tsunami, 9–10,
43–44
Smith College School for Social Work, 39
social action, 132–135
social and interpersonal reactions, 92–93
social capital, 78–79, 124
social class (in PCB), 16
social cohesion, 21, 67, 125, 128, 139, 167, 248,
249, 253, 269, 278, 322, 324
social connectedness, 27–28, 128–129, 192,
237–238, 286–287
social disasters, 67, 130
social ecology of disasters, 8–10
social groups, and communities (in PCB), 14
social identity, 16, 273
social integration, 277
INDEX 357

socialization schools, 130
social networks, 116–117, 204, 254
social ostracism/targeting, 16, 50, 65–66
social shifts vs. disaster-caused discontinuity, 104
sociopolitical critique of disaster mental health, 47–49
“soft power,” psychology as, 48
somatic experiencing, 97
South Africa, 258–259, 266
Sri Lanka and 2004 Asian tsunami: commemorative dance, 110; conditions five years later, 43–44; differences between south and east, 9–10, 123, 148; Hindu/Buddhist worldview, 50; Sinhalese, 9–10, 43–44; temporarily interrupted armed conflict, 272, 274
stage theories of grief and bereavement, 105–106
standing memorials, 291–293
Star Model (Yoder), 260
startle threshold, 95
Stephan, W. G., 259–260, 276
strength and resiliency (in PCB), 14
strengths-based model of recovery, 22–23
stress: among Chinese cadres, 52; common reactions to disaster, 87; as disaster criterion, 3–4; inoculation techniques, 27; management activities, 42–43; severe reactions, 93–97; spectrum, 94
stressor event, 94
STSD (secondary traumatic stress disorder), 304
Summerfield, D., 24, 25, 48
survivor guilt, 90, 308
sustainability of support, 191, 193, 196, 207–209, 216–217
symbols, 276, 286, 292. See also memorializing sympathetic nervous system, 88
Taiwan, 45, 321
Tamils: civil war and ceasefire, 9–10, 43–44, 75, 123; memorial dance, 110; and personal space, 56; public sadness inappropriate, 20; and temporary neutrality, 274. See also Sri Lanka and 2004 Asian tsunami targeting broad population vs. most vulnerable, 18
task groups, 230–231
task theories of grief and bereavement, 106
TCs (truth commissions), 266–267
teachers/schools, 102, 140–144, 252–253, 240
technological disasters, 61, 108
telephone crisis lines, 40
terrorism, 61, 63, 71, 99, 108
Three Mile Island nuclear disaster, 39
Thriving in the Wake of Trauma (Bryant-Davis), 234
Tohoku earthquake/tsunami (2011), 39, 64, 109
train derailments, 69
trained professionals (in disaster mental health), 13
training-of-trainers (TOT) model, 51, 128, 204, 205–208, 215–217
Tramontin, M., 86, 105, 107
transcendent meaning, 131–132
transfer trauma, 145
transitional pathways, 103–104, 130
trauma: collective, 255–256, 260; as disaster criterion, 3–4; focus on PTSD, 11–12, 97–99; loss and grief, 107; memories stored in amygdala, 21; transfer, 145; vicarious, 97; Western/non-Western interpretations, 49, 99
trauma membrane, 164
traumatology, 34
triggering, 95
trust, reestablishing, 242–243
truth, battles to establish, 23–24
Truth and Reconciliation Commission (TRC), 266–267
tsunami, 39, 64, 109. See also Asian tsunami (2004)
Tuol Sleng Museum of Genocide, 291–292
Turners Falls, Massachusetts, 77
Tutsi, 267–272
Ugandan civil war: Acholi matu oput re-
storative justice ritual, 130–131, 239–240, 262–263; children in, 102, 214; collaborative psychosocial capacity building in, 214–218; conditions in IDP camps, 62, 104; Lord’s Resistance Army (LRA), 62, 214, 262
UNICEF (United Nations Children’s Fund), 36, 291
Union Carbide disaster, 39
unions, after 9/11, 210–212

Downloaded from cupola.columbia.edu
Universal Declaration of Human Rights, 249–250, 262
universal reactions/emotions, 12, 88–89, 105, 221
Vaiont Dam disaster, 64
values, defined, 53
ventilation, 20, 166, 221, 234, 245
vertical consequences, 103–104
vicarious traumatization (VF), 97, 303–304
victimhood: blame and, 149; collective, 254–255; and empowerment, 257; outside experts and, 51, 215; and restitution, 264; social construction as, 81; transcending, 285; and worthiness of help, 71. See also Western/non-Western differences
Vietnamese and Hurricane Katrina: belief in karma, 115; displaced by casino expansion, 73, 78–79, 150; individual/community well-being the same, 113; language barriers, 78, 150; pre-Katrina conditions, 38, 72; separation of family members, 103; stigmatizing of, 76; strengthened by previous hardships, 75, 92
Vietnam Veterans Memorial, 286
Vietnam War, 39, 92, 286, 305
vulnerable populations, 136–137, 250; children, 140–144; disabilities, 146–147; elderly, 144–146; race, ethnicity, and class, 147–152; women, 137–140, 250–251
war: as disaster type, 61–62; impeding response to disaster, 123; and mourning, 108; scale of, 103; shifting and spreading disasters, 58. See also Gacaca; Tamils; Ugandan civil war
Washington, DC, 6
weapons of mass destruction, 61–62
Web of Psychosocial Recovery, 159, 190–191, 233
Wenchuan earthquake (2008): cadres, 52; constructing meaning from, 116; effects of one-child policy, 52; faulty school construction, 64; memorialization of, 46, 292, 293; response compared to Haiti, 123
Western Massachusetts Community Crisis Response Team debriefing materials, 182–184, 187–189
Western/non-Western differences: agency vs. fate and karma, 19, 116; context vs. patterns, 19; criminal justice, 263–266; and disaster mental health complex, 11–12; and disaster mental health model, 47–48; expression of feelings, 195–196, 228; independence vs. relationships, 19; individual vs. collective focus, 51–53; interpretation of trauma, 49; “just do it” culture, 53; linearity vs. cyclicity, 19, 50, 155; outcome vs. process, 154–155; and psychosocial capacity building, 14–17; trauma criterion in disaster labeling, 4; “universal” values vs. respect for local culture, 250–251; use of therapy, 220–222, 234; in views of trauma, 4, 98–99; worldviews and values, 18–20, 53–54
West Virginia flooding, 103
Weyerman, B., 113
Wheel of Recovery, 21–23, 155
When Helping Hurts (Within Foundation), 308
white resentment in U.S., 253
widows, 109
withdrawal, 91–93
women: girls, 141–142; universal rights of, 250–251; vulnerability of, 137–140, 195–196
work groups. See debriefings
World Trade Center attacks. See 9/11
worldviews, 18–20, 53–54
World War I, 58–39
Yamagawa, Y., 129
Yassen, J., 86–87
Yoder, C., 260, 262