Part 3 is focused on the Specialized Methodology developed for use with socially unskilled populations. Chapter 10 presents an overview of features of the methodology. Chapter 11 identifies requirements for the Specialized practice with respect to the agency and the practitioner. The impact of social noncompetence on the practitioner is also explored, and professional expectations that require some modification are noted.

Chapter 12 examines the two essential elements to be worked with in advancing social competence: the individual’s relationship to self and the individual’s relationship to others. The chapter identifies a class of forerunner interventions in a pregroup period while these two primary relationships are evolved.

Chapter 13 examines the place of actional modes in engaging socially unskilled persons toward experiencing a sense of effectance with their world, as prelude to relating to others. The use of activities as the preferred content form is explored as the means both of engaging individuals and of sustaining the whole entity.
Chapter 14 explicates the roundabout route and processes through which social competence can be fostered and examines the capability of collectivity as a social form suited to the task. Three stages in the pregroup period that precede the possibility of group formation are identified, and the domains of intervention are detailed. Finally, chapter 15 provides an example of a socially noncompetent entity in its progression toward group and social competence.