INDEX

abandonment, fear of, 30, 98
abandonment anxiety, 99, 101, 102
Abdulkhaleq, H., 326
abreaction, 166, 299, 300
acupuncture/acupressure, 166
Adams, J., 38
adaptation, 134
adrenaline, 71, 72
Adult Attachment Interview, 117–18, 129
affairs, 172, 195–201
affect balancing, 82–84
affective changes, 149
affective disorders, 166
affect regulation, 12, 32, 155, 166, 242–43;
attachment theory on, 114, 116, 119, 120,
121, 123, 125–26, 129; biopsychosocial
assessment of, 149; coregulation, 120;
tergenerational patterns in, 174; in
Ken and Janet clinical vignette, 125–26;
in military couples and families, 291–92,
300; neurobiological effects in, 18–20,
81, 82–84; neuropathological effects in,
134; overregulation, 116; right-brain
disruption and, 73–76, 78;
underregulation, 116
Afghanistan war, 285–86
African Americans, 9; gender identity in,
48; intergenerational family theory on,
57, 59; in the military, 288–89, 294–95;
parenting issues and, 189; racial identity
development in, 42; sexual orientation
and, 50. See also Pelim and Dorothy
(clinical vignette); Rod and Yolanda
(clinical case illustration)
aggression: countertransference, 222,
224–27; in military couples and
families, 294–96; objects to modulate,
92, 110; right-brain disruption and, 75;
Winnicott on, 92, 110, 112. See also
violence
agreements, 268, 269–70
Ainsworth, M., 115–16
Akhtar, S., 325
Alaskan Natives, 59
Alex and Ivan (clinical vignette), 62
Alexander, A., 7, 305, 319
Alexander, P. C., 188, 190
alexithymia, 79, 87, 170
Alice and Sam (case example), 200–201
Allen, I. A., 7, 9
Allen, J. G., 115, 116, 189
alliance-building techniques, 29
alpha bias, 39, 53, 160, 183, 186, 303
ambiguity, 64–65
ambitendency, 98, 102
ambivalent attachment, 115–16, 117f, 118,
157; correlation with adult version, 119t;
couple systems and, 122; in Rod and
Yolanda clinical case, 263, 266
American Army Medical Corps, 22
American Indians, 43, 57, 59
American Psychiatric Association, 23, 304
American school of object relations
theory, 93
amnesia, 77
amygdala, 71–72, 74, 75, 77, 79, 83
Anderson, C. L., 188, 190
Andrews, H., 325