Patient-Authors. All the patient-authors participated in a National Institute of Mental Health research project at Hillside Hospital, North Shore–Long Island Jewish Health System to further the understanding of the first episode of schizophrenia. Their ages ranged from seventeen to thirty-nine. Some were in high school or college, while others had completed college or were working at the time of their first hospitalization. They were from many backgrounds, including Irish, Italian, Haitian, Puerto Rican, African American, Jewish, German, Polish, Russian, Chinese, Korean, Filipino, Indian, Guyanese, and Jamaican.

Rachel Miller, M.S.W. earned her Master of Social Work degree from Adelphi School of Social Work, Garden City, New York and a certificate in psychoanalytic psychotherapy from the New York School for Psychoanalytic Psychotherapy and Psychoanalysis. She has extensive experience working with patients with schizophrenia, especially those experiencing the first episode of illness. Ms. Miller is a licensed clinical social worker who works in inpatient and outpatient treatment for the Research Department of Hillside Hospital’s Continuous Care Team for first-episode patients. She has published and presented in the areas of phase-specific treatment, group modality, adherence to treatment, and prevention of HIV, all as related to first-episode schizophrenia. Prior to her career in social work, Ms. Miller worked as an educational writer.

Susan E. Mason, M.S.W., Ph.D. graduated from the Columbia School of Social Work. She holds several additional degrees, including a Ph.D. in sociology and education from Columbia University, a master’s in health administration from New York University, and a certificate in psychoanalytic psychotherapy from the Washington Square Institute. Dr. Mason has worked with patients
with schizophrenia at Jacobi Hospital, Mt. Sinai, and Hillside Hospital. She is currently an associate professor at Yeshiva University’s Wurzweiler School of Social Work in New York, where she teaches master’s- and doctoral-level students. She is the author of more than twenty journal articles and has coauthored four published articles on schizophrenia treatment with Rachel Miller. She has presented extensively at national and international conferences.

Stephen Anderson, M.A. received his master’s in rehabilitation counseling from New York University. For the past thirty years he has worked at Fountain House, a nonprofit organization in New York City. His contributions there have been numerous, including developing programs for independent employment, education, and training on the principles of clubhouse models. He serves on the faculty of the International Center for Clubhouse Development, where he also provides consulting services and certification. Mr. Anderson, who comes from outside our research program, contributes to us his knowledge of the clubhouse.

Julia Becker, M.D. received her Doctor of Medicine degree from the Indiana University School of Medicine, Bloomington, Indiana, and her postgraduate training at the University of Chicago and Hillside Hospital. She is the recipient of several awards, including the International Congress of Schizophrenia Young Investigator Award. She is Board certified in psychiatry, neurology, and forensic psychiatry. Dr. Becker’s work at Hillside Hospital has included teaching, supervising, and lecturing medical students and residents. She has also served as Medical Director of the RAP (Recognition and Prevention of Psychological Problems) Clinic and as an attending psychiatrist in the Hillside Hospital Research Department. Her research work and publications are in the areas of first-episode schizophrenia, schizophrenia, schizoaffective disorder, early intervention studies, obsessive-compulsive disorder, mania and depression, and psychopharmacology.

Handan Gunduz, M.D. received her Doctor of Medicine degree from the University of Istanbul and her postgraduate training at the University of Istanbul, New York Medical College, and Hillside Hospital. She is currently an attending psychiatrist in the Department of Psychiatry Research at Hillside Hospital, Medical Coordinator of the Neuroimaging Unit of the Mental Health Clinic Research Center at Hillside Hospital, and a principal investigator in the research project “Genetic Variation in the Hippocampal Morphogenesis and Association with Morphology in Patients with Schizophrenia.”
Dr. Gunduz is also involved with several additional research studies, including the First Episode of Schizophrenia Studies at Hillside Hospital.

Anil Malhotra, M.D. received his Doctor of Medicine degree from the Bowman Gray School of Medicine, Winston-Salem, North Carolina and his postgraduate training at Georgetown University Hospital, Washington, D.C., and the National Institute of Mental Health, NIH, Bethesda, Maryland. He has been Chief of the Unit of Pharmacogenetics, Experimental Therapeutics Branch at NIMH, NIH and Guest Researcher at the National Institute on Alcohol Abuse and Alcoholism at the National Institutes of Health. He is currently Chief of the Unit of Molecular Psychiatry at Hillside Hospital, Associate Director of Psychiatry Research at Hillside Hospital, and Associate Professor of Psychiatry at Albert Einstein College of Medicine, Bronx, New York. He has published extensively in the field of schizophrenia, genetics, side effects, psychopharmacology, substance-induced psychosis, and molecular psychiatry.

Susanne Mars, C.R.C. received a master’s degree from New York University before beginning a long tenure with the Psychiatric Rehabilitation Department at Hillside Hospital. She worked as a rehabilitation counselor with adults in both inpatient and ambulatory care and supervised rehabilitation staff on specialty units such as First-Episode, Mentally Ill Chemical Abusers, and Mentally Retarded Dual Diagnosis. Currently she is Manager of Psychiatric Rehab Services for adult inpatient units and is a private practitioner in counseling and rehabilitation. Her credentials include certification in rehabilitation counseling and in clinical mental health counseling. She has also written on polysubstance abuse treatment.

Alan Mendelowitz, M.D. received his Doctor of Medicine degree from Rutgers Medical School, Piscataway, New Jersey, and his postgraduate training at Hillside Hospital. He has been Adjunct Professor in the Hunter College Masters’ Program in Rehabilitation Counseling and Consulting Psychiatrist for the Epilepsy Center at Long Island Jewish Medical Center. He is currently the Unit Chief of Low III at Hillside Hospital, with responsibility for residency training. In addition, he is an Assistant Professor of Psychiatry at Albert Einstein College of Medicine, Bronx, New York. His publications focus on antipsychotic and antidepressant medications, side effects, and schizophrenia. Dr. Mendelowitz has been honored as one of New York Magazine’s “Top Doctors in New York” and Castle Connolly’s “Top Physicians in the North East.”
Linda Porto, M.S.N., R.N.C.S., N.P.P. is a licensed nurse practitioner and registered professional nurse. She received her M.S.N. from Adelphi University, Garden City, New York and has a certificate in Wholistic Nursing from New York College for Wholistic Health, Education and Research. Over the years she has provided psychiatric nursing services to adults and adolescents in inpatient and outpatient settings. Currently Ms. Porto is a clinical interviewer and research nurse in the Department of Psychiatry Research at Hillside Hospital. She has coauthored several articles on schizophrenia and co-occurring syndromes.

Delbert G. Robinson, M.D. is Assistant Director of Research at Hillside Hospital, Associate Investigator at NSLIJ Research Institute, and chief of the Obsessive-Compulsive Disorders Program and chief of the Clinical Assessment and Training Unit of the Clinical Research Center for the Study of Schizophrenia. He is Assistant Professor of Psychiatry at Albert Einstein College of Medicine, Bronx, New York. Dr. Robinson received his Doctor of Medicine degree from the University of Tennessee Center for the Health Sciences, Memphis, Tennessee, and postgraduate training at Mary Hitchcock Memorial Hospital, Dartmouth College, Hanover, New Hampshire; Western Psychiatric Institute and Clinic, University of Pittsburgh, Pennsylvania; and the College of Physicians and Surgeons at Columbia University. He has held hospital appointments at Columbia Presbyterian Medical Center, New York; Downstate Medical School, Brooklyn, New York; Kings County Hospital, Brooklyn, New York; and Hillside Hospital. He has made significant contributions to the literature in the fields of depression, obsessive-compulsive disorder, schizophrenia, first-episode psychosis, negative symptoms, and side effects. Dr. Robinson has also served as a DSM-IV Work Group Advisor for schizophrenia and other psychotic disorders and on the American Psychiatric Association Task Force for the Handbook of Psychiatric Measures. In 2000 Dr. Robinson received the Exemplary Psychiatrists Award from the National Alliance for the Mentally Ill.

Nina R. Schooler, Ph.D., Director, Psychiatry Research at Hillside Hospital, earned her doctorate in social psychology from Columbia University. She is Co-Director of the National Institute of Mental Health (NIMH)-funded Intervention Research Center at Hillside Hospital. A former member of the Psychopharmacologic Drug Advisory Committee of the Food and Drug Administration, Dr. Schooler is currently a member of the NIMH Data Safety Monitoring Board and has served NIMH as a consultant in many other ca-
pacities. She was President of the Association for Clinical Psychosocial Research and the American Psychopathological Association, as well as a Fellow of the American Psychological Association and the American College of Neuropsychopharmacology. Dr. Schooler has received the Gralnick Foundation High Point Hospital Award from the National Association of Health Services and the Alexander Gralnick Award from the American Psychological Foundation. In addition to contributing to a number of textbook chapters on the evaluation of pharmacological treatments of schizophrenia, she has published her research findings on maintenance treatment, relapse, and rehospitalization.

Mary L. Trump, M.A., has a master’s in English Literature from Columbia University, New York, and a master’s in psychology from Adelphi University, Garden City, New York. She is currently a doctoral student at the Derner Institute for Advanced Psychological Studies at Adelphi University. She worked as a volunteer for the First Episode Schizophrenia Study at Hillside Hospital.