INTRODUCTION  IX

CHAPTER ONE
  • Understanding Spirituality and Religion  1

CHAPTER TWO
  • Rationales for Conducting a Spiritual Assessment  13

CHAPTER THREE
  • Brief Assessment  27

CHAPTER FOUR
  • Guidelines for Moving to a Comprehensive Spiritual Assessment  42

CHAPTER FIVE
  • Comprehensive Assessment and Spiritual Histories  59

CHAPTER SIX
  • Spiritual Lifemaps  74

CHAPTER SEVEN
  • Spiritual Genograms  85

CHAPTER EIGHT
  • Spiritual Eco-maps  99

CHAPTER NINE
  • Spiritual Ecograms  111

CHAPTER TEN
  • Implicit Spiritual Assessment  122
# CONTENTS

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>ELEVEN</td>
<td>Conducting Spiritual Assessments</td>
<td>139</td>
</tr>
<tr>
<td>TWELVE</td>
<td>Summary of Key Points and Future Directions</td>
<td>161</td>
</tr>
</tbody>
</table>

REFERENCES 173

INDEX 195