The Therapist in Mourning

From the Faraway Nearby

Edited by ANNE J. ADELMAN and KERRY L. MALAWISTA

Reviewed:

“Rarely does one come across a book that combines good writing, good thinking, and good feeling. Adelman and Malawista’s assemblage of reflections on loss of family members, patients, therapists, and institutions enhances our capacity for empathy and attunement. Their book mobilizes serious contemplation about human relationships that are simultaneously transient and everlasting. A bit of sadness follows, yet such ‘good’ sadness leads to psychic growth, maturity, and wisdom.”
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“Therapists have long felt required to keep their own emotional wounds and pain hidden from their patients. As finite human beings we are all subject to the traumas of death and loss, and I applaud this volume for bringing our existential vulnerabilities into a professional dialogue. Our patients can only benefit from this open and gripping acknowledgment of our existential kinship in the same darkness.”
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“For therapists whose life work is caring for others, this book is an essential read. Theoretically sophisticated, insightful, and moving, the contributors address experiences of loss in therapy that have barely garnered passing consideration. By drawing our attention to the dynamics of grief and loss in the clinical situation, the authors have also, with great poignancy, underscored the beauty and meaning of therapeutic relationships.”
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“This book, often emotionally enriching, deserves to be on the reading list of every mental health professional’s training curriculum.”
—ARNOLD RICHARDS, EDITOR OF INTERNATIONALPSYCHOANALYSIS.NET

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THE THERAPIST IN MOURNING
ANNE J. ADELMAN
AND KERRY L. MALAWISTA

THE THERAPIST IN MOURNING

From the Faraway Nearby
For my mother, Mary

In memory of my father, Stanley

—AJA

For my parents, Robert and Barbara, and my daughter Anna

In memory of my mother, Helen, and Sarah

—KLM
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We are most grateful to all those who contributed their time and effort, with open minds and honest discourse, to this volume. It is their dedication to psychoanalysis and their creativity, skill, and persistence that make this book possible.

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