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When they called to tell me you were dead,
I dropped to my knees, pressed my head to the floor.

How many years had I dreaded that moment?
How many times had I panicked after calling you for hours—

then raced across town to find you at the door,
key in hand, with groceries or a laundry bag?

When they called to say you’d died, I knew
without thinking: This is it. And it was.

Then three years passed and I started to recover,
which feels to me like another kind of sorrow.

The day you died, I knew what I was losing.
But now—well—now, it's lost.

—Jody Bolz