CONTENTS

FOREWORD ix
Jamison Green

INTRODUCTION xiii
Why This Book Was Written and How It Is Laid Out

ACKNOWLEDGMENTS xxi

CHAPTER ONE 1
What Does It Mean to Be Transgender?: An Introduction to the Term

CHAPTER TWO 14
Sexual Orientation Versus Gender: What’s the Difference?

CHAPTER THREE 29
Coming Out as Transgender: When, Why, and How People Come Out
CHAPTER FOUR  45
Transition: The Social, the Emotional, and the Medical

CHAPTER FIVE  62
The History of Transgenderism and Its Evolution Over Time

CHAPTER SIX  79
Transgenderism as a Mental Health Issue:
The Controversy Over Transgender Identity as a Disorder

CHAPTER SEVEN  97
Discrimination: Exploring the Barriers That Transpeople Face

CHAPTER EIGHT  114
Lesser-Known Types of Transgenderism:
Understanding Cross-Dressers, Genderqueer People,
Drag Queens, and More

APPENDIX A: GLOSSARY  129

APPENDIX B: RESOURCES FOR READERS  137

NOTES  141

BIBLIOGRAPHY  153

INDEX  161