CONTENTS

Preface vii
Acknowledgments xv

Introduction 1

SECTION 1. INTERPRETIVE ACTING OUT
1. Containing, Translating, and Interpretive Acting Out: The Quest for Therapeutic Balance 11
2. Slippery When Wet: The Imperfect Art of Interpretation 33
3. Interpretive Acting Out: Unavoidable and Sometimes Useful 54
4. Enactments, Interactions, and Interpretations 77

SECTION 2. DIFFICULT AND JAGGED: IMPERFECT CLINICAL SITUATIONS
5. Kleinian Couple's Treatment: A Complicated Case 99
6. Failures, Successes, and Question Marks 122
SECTION 3. THE EMOTIONAL FOXHOLE

7. Different Ways of Controlling the Object  147

8. Taming, Restoring, and Rebuilding, or Sealing Off, Burying, and Eliminating the Object: Two Ways of Controlling the Other  162

9. Two Varieties of Psychic Retreat: The Struggle with Combined Paranoid and Depressive Conflicts  184

10. Trapped in an Emotional Foxhole: Coping with Paranoid and Depressive Conflicts  205

Discussion 223
Bibliography 233
Index 239